

# Dementia Café

at Ashfields Care Home

Every Friday

2.00–3.30pm

We know the importance of supporting our local community and hold monthly groups, specifically for those living with dementia or caring for a loved one.

Come along and meet with friends over light refreshments, and enjoy the variety of activities or entertainment our home has on offer.



Residential Care • Dementia Care • Respite Care & Short Breaks

We hope you can join us for these events!

For a tour of our home, or some friendly advice, call:

**01603 721 720**

31 Salhouse Road, Rackheath, Norwich, NR13 6PD



**ASHFIELDS**  
BARCHESTER HEALTHCARE

[www.barchester.com](http://www.barchester.com)