



Carers' Support Group

Last Thursday of the month • 3–4.30pm

You are invited to join us for our monthly support group, specifically for those caring for a loved one.

Enjoy a delicious high tea in a relaxed atmosphere and meet with like-minded people and gain valuable advice and support. We also hold talks and a range of activities, the people you're caring for are also more than welcome to attend.



Nursing Care • Residential Care • Dementia Care • Respite Breaks

We hope you can join us! If you can't make this event please feel free to pop in anytime or call us:

Tel: 01732 743 824

Emily Jackson Close, Eardley Road, Sevenoaks, TN13 1XH



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