

Southerndown Sparkle

Autumn
newsletter

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Hello and Welcome!

I wish you a warm welcome to our home and the autumn newsletter.

Over the summer months we welcomed the Care Quality Commission (CQC) into our home to complete their inspection and we are very proud to say we received a 'Good' rating overall and an 'Outstanding' rating in care. I would like to thank all the staff, family and friends who took part and supported us with this inspection.

We continue with our regular meetings with family and friends and look forward to our future G.E.M.S.S meeting on 23rd October 2019. We recently held a Cheese and Wine evening and a special thanks to all of those who attended, it was lovely to see you all. I will be planning future events so look out for more information coming soon.

Staff have commenced additional dementia training based on the experience of being a resident for one day, training is delivered by our specialist staff and is currently ongoing, we hope that this will continue to build on our staff skills and have a positive impact on our residents.

Here at Southerndown we would like to offer residents a 'wish'. If you have a family member here and would like us to consider a special day/event for them please contact me. This could be going out somewhere special for a day or even participating in an event such as horse-riding or dare I say it a skydive!

Our Deputy Manager, Jess Maclaren will be leaving us in November and we wish her all the best in her future ventures.

I would like to thank everyone for their support and I look forward to the autumn and winter months ahead of us.

General Manager
Ela Solomon



Southerndown Care Home

Worcester Road, Chipping Norton, Oxfordshire, ox75yf

Tel: 01608 644129 • www.barchester.com



News in and around *Southerndown*

Introducing Victoria.....

I would like to welcome Victoria who has recently joined our activity team. Victoria has already demonstrated excellent team work and is settling in very well. Victoria will be working in our Memory Lane community and I am sure over the next few months you will get to know her so feel free to say hello!

G.E.M.S.S

Garnering Emotional Memories and
Support at Southerndown



Our next G.E.M.S.S Meeting is 23rd October 11am. In this meeting we will be hearing from our very own Dementia Specialist Deena Heany who will be giving a talk on Understanding Dementia. Pop along for information, support or even just a cup of tea

Employee of the Month and 15 Years' Service

Our Employee of the Month for September is Bob Tinkham. Bob has worked at Southerndown for 15 years, and has recently received his 15 year service. Bob is a hardworking, dedicated and valued member of the team.

Well done Bob!!!



Seaside Memories

During the last month we have been very busy making an interactive seaside memories display board for a home to home competition. It has given us a great opportunity to remember all of our wonderful memories of the seaside. It has also given us the chance to show off our fantastic arts and craft skills in the home. We are all so pleased with the finished result and it was definitely so much fun in the making.



News in and around *Southerndown*



Proud to Be Rated Good

The staff here at Southerndown celebrate the results of the recent CQC (Care Quality Commission) inspection, which gave us an overall “Good” together with a well-deserved “Outstanding” rating for care.

The emphasis here is always on **Care** and **Home**. Residents are cared for in **all** senses of the word and every effort is made to ensure that they see the home as their home and their families very much consider Southerndown a home from home.



Bonfire Night

Remember Remember the fifth of
November Gunpowder treason and plot....

Here at Southerndown this year we will put on our coats and hats and brave the chilly evening with a Sparkler party to celebrate Bonfire night. And of course I am sure we will take the chill off with some lovely mulled wine.

In2Cultures

For our open day 19th October we will be visited by In2Cultures for some African Drumming.

In2Cultures have visited us before and it was so much fun, we learned how to play African Musical instruments and also learned some African Songs.

So they will be back by popular demand.

Halloween

Look out this Halloween around Southerndown for some Spooktacular arts and Crafts in Memory Lane, Superstitions in Elderly Frail and of course how could it be Halloween without some Pumpkin carving



A few words from *Barchester*...

'Excellent' Result for Canmore Lodge

Staff and residents at Canmore Lodge Care Home in Dunfermline are celebrating their recent Care Inspectorate Report result, where they scored an overall 'Excellent' after receiving a score of 6 for supporting people's well-being, and 6 for how well the home supports and plans care. The report follows the home's recent success on carehome.co.uk where Canmore Lodge achieved a perfect 10/10 rating. Currently only 1.5% of Scotland's care homes for elderly people have an overall 'Excellent' rating, making Canmore Lodge ranked among the best in the country.



Follow us on social media!

Keep up-to-date with the latest news and stories from us and see pictures of life at Barchester homes by following us on Twitter and Facebook:



@Barchester_Care



/BarchesterHealthcare

2019 Barchester Care Awards

The Barchester Care Awards is an annual event that showcases the very best that Barchester has to offer. The Care Awards celebrates the fantastic individuals who work and volunteer in Barchester care homes across the UK; and also has a category devoted to recognising the beautiful outdoor spaces tended by residents and staff members.

Our Divisional Winners have already been named, and the award ceremony will be held in Manchester on 3rd October, when the National Winners will be announced. Good luck to all our Divisional Winners and thank you to everyone who took the time to make a nomination.

BARCHESTER
CARE
AWARDS
Amazing people

Barchester Nominated for 3 Laing Buisson Awards

Barchester is proud to have been named as a finalist in 3 Laing Buisson Awards categories: 'Residential Care (Larger Organisation)', 'Property Developer' and 'Property Investor'. The ceremony will take place on Wednesday 13th November 2019 at Park Plaza Westminster Bridge, London, where the winners will be announced.

This year, the awarding body received a record-breaking number of nominations for every single category, with over 400 entries in total.

Last year, we were delighted to take home the 'Property Developer of the Year' award, and Barchester CEO, Pete Calveley was recognized for his amazing work in the care sector by being presented with the 'Outstanding Contributions to Care' award.



Barchester Holds Key to Future Care

Barchester recently received the keys to Mortain Place in Eastbourne, enhancing our portfolio of care homes.

Lesley Standing, the General Manager of Mortain Place was delighted to accept the keys to the latest 80-bed property on Pevensey Bay Road from the Project Construction Manager Mark Tomalin, from McGoff Construction.

Mortain Place will provide personalised residential and dementia care for 80 older people in the neighbouring community, and will open its doors to residents in October.

Barchester will also be opening another care home in 2019: Trinity Manor in Sherborne. This service will offer dementia and residential care for 64 residents.

