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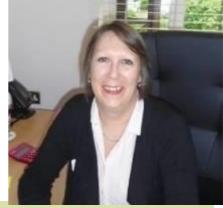
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#### Hello

#### A WarmWelcome!

To Westgate House from all that live and work here. As I am sure you are all aware there will be a new Manager starting here in the near future and I will sadly be saying another goodbye to you all. I enjoy being at Westgate House enormously and I will still be visiting so you will continue to see me on occasion. I would like to say a huge thank you to all the team at Westgate for making the home a welcoming and vibrant home and thank you for your hard work.

General Manager
Michelle Di Bella



## News in and around Westgate House



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#### Anniversary Celebrations

Family, Friends & Staff
Came together at Westgate House to
Celebrate our
23<sup>rd</sup> Anniversary Garden Party.



A Big thank you to Diane who hosted a very informative Dementia Friend's Awareness Day.





Every Wednesday at 11am
Residents enjoy visits from the
'Songs & Smiles'
Parent and Toddler Group
Who visit us for
Intergenerational Activities.

#### Memories

A Reminiscence trip to Southend on Sea brought back many poignant and happy memories for some of our residents.





Cake Sale in aid of The Alzheimer's Society

Westgate House Raised

£115.36

By selling a selection of cakes especially made by relatives and staff as well as bought cakes donated to sell for the cause.

# Forthcoming Events at Westgate House

#### 16<sup>TH</sup> October World Food Day

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Please donate as many non-perishable items as you can. We are collecting on behalf of The Community Links Food Bank

#### 17th October Black History Coffee Morning

During October the UK celebrates the achievements and contributions of black people not just in the UK, but throughout the world to educate all on black history. At Westgate House we are having a coffee morning at 11am showcasing historic milestones.

#### 18th October

St Anthony's Roman Catholic Mass

#### 19th October Open Day

You are invited to our Open Day 11am to 3pm to sample our delicious home-made cakes, In our Reminiscence Café' before being escorted on a Tour of Westgate House.

#### 25<sup>th</sup> October 2019 Bollywood Dance Workshop

Residents and staff are celebrating the start of the Diwali Celebrations With a Bollywood Dance Workshop at 2pm.

#### 27th October Diwali

Residents will be celebrating the Festival of Light with a special afternoon tea Selection of traditional savouries and sweet treats at 3pm.

#### 11th November 2019 Dress for Remembrance

Today is the day we take time to commemorate those in the armed forces, past and present at home and abroad who have made countless sacrifices during times of war and conflict, and continue to serve during times of peace.

#### 22<sup>nd</sup> November International Day

Today we celebrate the diversity of all who live and work at Westgate House with a selection of international tasters at 2pm.

#### 14<sup>th</sup> December 2019 Christmas jumper Day

Christmas jumpers are worn a donation is made in aid of Save The Children Fund

#### 25<sup>th</sup> December 2019 Christmas Dinner Party

December is a month of celebrations at Westgate House with a variety of Entertainers, Schools, Churches and Choir visiting us culminating in Our 'Don't Dine Alone' Christmas Dinner Party on Christmas day for Residents and their Relatives to spend the day together.

The above Events are a sample of the main events planned for Westgate House.

Please check our Notice Boards as there are a lot more activities

Happening each month.

### A few words from Barchester...

#### 'Excellent' Result for Canmore Lodge

Staff and residents at Canmore Lodge Care Home in Dunfermline are celebrating their recent Care Inspectorate Report result, where they scored an overall 'Excellent' after receiving a score of 6 for supporting people's well-being, and 6 for how well the home supports and plans care. The report follows the home's recent success on carehome.co.uk where Canmore Lodge achieved a perfect 10/10 rating. Currently only 1.5% of Scotland's care homes for elderly people have an overall 'Excellent' rating, making Canmore Lodge ranked among the best in the country.



### Follow us on social media!

Keep up-to-date with the latest news and stories from us and see pictures of life at Barchester homes by following us on Twitter and Facebook:



@Barchester\_Care



/BarchesterHealthcare

#### 2019 Barchester Care Awards

The Barchester Care Awards is an annual event that showcases the very best that Barchester has to offer. The Care Awards celebrates the fantastic individuals who work and volunteer in Barchester care homes across the UK; and also has a category devoted to recognising the beautiful outdoor spaces tended by residents and staff members.

Our Divisional Winners have already been named, and the award ceremony will be held in Manchester on 3<sup>rd</sup> October, when the National Winners will be announced. Good luck to all our Divisional Winners and thank you to everyone who took the time to make a nomination.



#### Barchester Nominated for 3 Laing Buisson Awards

Barchester is proud to have been named as a finalist in 3 Laing Buisson Awards categories: 'Residential Care (Larger Organisation)', 'Property Developer' and 'Property Investor'. The ceremony will take place on Wednesday 13<sup>th</sup> November 2019 at Park Plaza Westminster Bridge, London, where the winners will be announced.

This year, the awarding body received a record-breaking number of nominations for every single category, with over 400 entries in total.

Last year, we were delighted to take home the 'Property Developer of the Year' award, and Barchester CEO, Pete Calveley was recognized for his amazing work in the care sector by being presented with the 'Outstanding Contributions to Care' award.



#### Barchester Holds Key to Future Care

Barchester recently received the keys to Mortain Place in Eastbourne, enhancing our portfolio of care homes.

Lesley Standing, the General Manager of Mortain Place was delighted to accept the keys to the latest 80-bed property on Pevensey Bay Road from the Project Construction Manager Mark Tomalin, from McGoff Construction.

Mortain Place will provide personalised residential and dementia care for 80 older people in the neighbouring community, and will open its doors to residents in October. Barchester will also be opening another care home in 2019: Trinity Manor in Sherborne. This service will offer dementia and residential care for 64 residents.

