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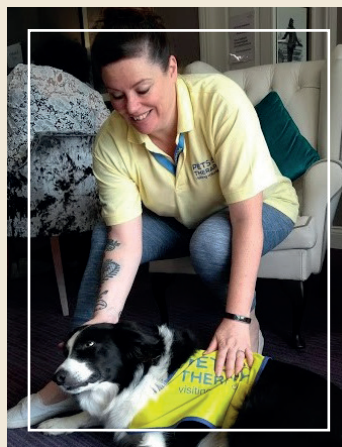
Nursery School and Parent and Toddler Group Visits

The first visit from a local Children's Nursery was a huge success at The Spires. Both the children and our residents enjoyed the visit and the interaction between the different generations was something special. The nursery have agreed to make these visits a regular event which is great news for everyone involved. We have also been running parent and toddler sessions every Monday at 10am, where everyone is welcome, the more the merrier.



Pet Therapy

Benji is now a regular visitor to our home with his owner Lindsey who is a volunteer. Lindsey says she loves to see our residents smile and be happy when Benji visits them, "it makes their day and my day special." We welcome all well-behaved pets in to our home to meet our residents.



Music Therapy Sessions

We have monthly music therapy sessions with Sarah from Mindful Music. Music interactive therapy is an enjoyable and beneficial session, so come along and join in the fun.

Celebrating 1 Year

The Mayor, Cllr Mrs Deborah Baker, resident's friends and families joined us to celebrate our 1 year anniversary of opening in July. The Mayor stayed with us to enjoy the whole afternoon and met many residents. There was also fantastic live music, a magician, face painting for the children, Prosecco, and a BBQ. The event also raised over £300 for resident's funds.

Dates for Your Diary

27th September	Macmillan Coffee Morning
3rd October	National Poetry Together day with King Edwards School
24th October	Memory Walk around Lichfield in conjunction with Alzheimer's
28th October	Dementia Friends session
7th November	Funding long-term care seminar

We have funding for care clinics running at 11am and 2pm on **2nd October**, **6th November** and **4th December** with Nicola Bywater from Symponia.

Monthly Events

Movement and exercise classes

Nursery school and Parent and Toddler visits

Music therapy sessions

With Sarah from Mindful Music

Carers memory café

Last Wednesday every month 2.00-4.00pm

Trips out

Please speak to Jill and Lucy our activities co-ordinators for details on trips planned or if you have any requests.

A Message from Fran, General Manager

It is wonderful to see our home growing and many friendships being made. We celebrated our 1st anniversary garden party in July this year, I can hardly believe we have been open over 1 year. Thank you to all our lovely residents and their families who are integral to the warmth and friendliness of our home and for being involved with our events and plans.



I would like to welcome all our new team members and introduce Helen Lunn our new Deputy Manager to you. Helen will work closely with me to constantly ensure quality care and lifestyle for our residents.

Helen began her career in care at the age of 17, she worked at the same care home for 25 years, starting as a trainee and then working as a Deputy Manager for 9 years. Then Helen relocated to Lichfield and worked in a local retirement living complex for nearly 6 years until accepting the position of Deputy Manager at The Spires. We are very lucky to have her on our team.

The Spires Care Home

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