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Hello and Welcome!

Hello to all,

We have lots of good news to share with you. Petherwin Unit communal areas now has new flooring fitted which looks much better. We have been lucky to recruit a Clinical lead Nurse (Jan Iremonger) who you all may know in her previous role as our visiting NHS dementia liaison nurse. Welcome on board Jan, you're doing a great job! Our enclosed Garden is complete and has been in use since our open day.

Special thank you to Bea our activity coordinator and Mia for Long service awards!

Operations manager

*Nicky
Vaughan*



News in and around *Kernow*

Thank you,

Sue Carlisle, whose mother Peggy, lived at Kernow House, has been busy knitting and selling toys. She has raised £189 which has enabled us to buy an optic fibre waterfall which we use in our sensory sessions. Sue will keep knitting and wants to raise money for Petherwin. This is what she knits.

Peace of Mind



Loneliness I once did find
Was constantly upon my mind.
How should I spend my latter days?
To raise my spirits other ways?

The answer came, and this is true,
I found peace to start anew.
At Kernow House my story ends,
With pleasant staff and many friends.

Poem written by Victor Body (age 85)

Taking part in a falls conference

As part of Kernow House's quality improvement programme to reduce the instances of falls (and risk of injury due to falls) on our specialist Huntington's Unit, Chris Wilcox, occupational therapist and Jo Balcombe, nurse, delivered a presentation to the Patient Safety Kernow Quality Improvement (PSKQI) academic network conference and received the following feedback from the commissioner:

"Falls work #PSKQI @CWilcox from @Barchester_care with Jo demonstrating fantastic QI

work to reduce falls in Huntington's Disease



marvellous, well done" and "What I have learnt from @Wilcox today at #PSKQI – don't always stop and say hello to people who are concentrating on walking with purpose, it might make them fall #askfirst"



Magic table

We have a Magic Table, which is situated in Petherwin's small lounge but available for everyone to use. There are several games. The one pictured here is called Masterpieces. You pop paint bubbles and create a painting. We also have a football game, autumn leaves, gold fish, a game with sayings, puppies playing ball and many more. Please feel free to use the table at any time.

Congratulations Dan



Dan Hill, who is our head chef has been named as a divisional winner in the Learner of the Year category of the Barchester Care Award 2019.

Dan has worked hard this year doing an NVQ 3 and has also supported two of the kitchen staff to do their NVQ 2 at the same time. Well done Dan! 😊



Bonfire

The time of the year is fast approaching, when we enjoy the dark evenings and eat lovely food. It starts around Bonfire when we have the traditional baked potatoes, chilli and hot dogs. We don't need an excuse for eating but we like to mark the seasons and celebrations with food.

Kitchen news

Autumn is here so we roll out the new menus, which have new meals suggested by the residents. Some of those ideas are BLT salad and steak which have already proved to be very successful along with the appetising mousses.

If anyone has any meal requests please feel free to ask any of the staff and we will do our best to fulfil your requests. This applies to all types of diets, of course.

Halloween

We have a tradition for carving pumpkins and then having a competition between the units and the kitchen to see, whose pumpkin is the best. We will do this again this year as it is fun and everyone gets to vote. Literally everyone! Even if you have just come to Kernow House to fix a fridge, you can take part.

Also, we do like a bit of fancy dress, so feel free to put on your best spooky outfit.



A few words from *Barchester...*

'Excellent' Result for Canmore



Staff and residents at Canmore Lodge Care Home in Dunfermline are celebrating their recent Care Inspectorate Report result, where they scored an overall 'Excellent' after receiving a score of 6 for supporting people's well-being, and 6 for how well the home supports and plans care. The report follows the home's recent success on carehome.co.uk where Canmore Lodge achieved a perfect 10/10 rating. Currently only 1.5% of Scotland's care homes for elderly people have an overall 'Excellent' rating, making Canmore Lodge ranked among the best in the country.

2019 Barchester Care Awards

The Barchester Care Awards is an annual event that showcases the very best that Barchester has to offer. The Care Awards celebrates the fantastic individuals who work and volunteer in Barchester care homes across the UK; and also has a category devoted to recognising the beautiful outdoor spaces tended by residents and staff members.

Our Divisional Winners have already been named, and the award ceremony will be held in Manchester on 3rd October, when the National Winners will be announced. Good luck to all our Divisional Winners and thank you to everyone who took the time to make a nomination.

Follow us on
social media!

Keep up-to-date with the latest news and stories from us and see pictures of life at Barchester homes by following us on Twitter and Facebook:



@Barchester_Care



/BarchesterHealthcare

BARCHESTER
**CARE
AWARDS**
Amazing people

Barchester Nominated for 3 Laing Buisson Awards

Barchester is proud to have been named as a finalist in 3 Laing Buisson Awards categories: 'Residential Care (Larger Organisation)', 'Property Developer' and 'Property Investor'. The ceremony will take place on Wednesday 13th November 2019 at Park Plaza Westminster Bridge, London, where the winners will be announced.

This year, the awarding body received a record-breaking number of nominations for every single category, with over 400 entries in total.

Last year, we were delighted to take home the 'Property Developer of the Year' award, and Barchester CEO, Pete Calveley was recognized for his amazing work in the care sector by being presented with the 'Outstanding Contributions to Care' award.



Barchester Holds Key to Future Care

Barchester recently received the keys to Mortain Place in Eastbourne, enhancing our portfolio of care homes.

Lesley Standing, the General Manager of Mortain Place was delighted to accept the keys to the latest 80-bed property on Pevensey Bay Road from the Project Construction Manager Mark Tomalin, from McGoff Construction.

Mortain Place will provide personalised residential and dementia care for 80 older people in the neighbouring community, and will open its doors to residents in October.

Barchester will also be opening another care home in 2019: Trinity Manor in Sherborne. This service will offer dementia and residential

