

# Ashchurch View Gazette

Autumn  
newsletter

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## *Hello and Welcome*

*Welcome to the autumn edition of the  
Ashchurch View Gazette!*

*We wanted to share with you some  
highlights of some of the many events the  
residents and visitors have enjoyed this  
summer, and of course, tell you all about  
the exciting things coming up in the  
months ahead!*

*With the successful launch of our Magic  
Table, Roald Dahl Day celebrations,  
Chocolate workshop and many day trips,  
there is always something for everyone  
to enjoy at Ashchurch View.*

General Manager

*Evelyn Quijana*



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**ASHCHURCH  
VIEW**  
BARCHESTER HEALTHCARE

# News in and around *Ashchurch View*

## Celebrating Roald Dahl Day with Ashchurch Primary School

With a chocolate fountain, music and the search for a golden ticket Roald Dahl Day, celebrating Charlie and the Chocolate Factory at Ashchurch View was a great success! The residents and children from Ashchurch Primary School were entertained and joined in to performances from Musical Moments. Ashchurch View Care Home Activities Coordinator, Farook Kapadia, dressed up as Willy Wonka himself supported by the fantastic 'Oompa Loompas'. Oliver Jukes aged 8, was the lucky winner of the Golden ticket prize and we even made the local newspaper with this fabulous event, as you can see from the photos everyone had a fabulous time.



# News in and around *Ashchurch View*

## Magic Table Launch Party

Ashchurch View Care Home in Tewkesbury have recently bought a bit of magic to residents by installing the Tovertafel 'magic table' as a way to improve residents' quality of life. Created in the Netherlands, the Tovertafel uses interactive games to connect people in the mid-to-late stages of dementia with each other, their family members and friends, all the while stimulating movement. Using interactive light projections, the Tovertafel, which can be played independently or as a group, invites participants to pop bubbles, sweep leaves or interact playfully with fish. Another game generates a series of well-known sayings and phrases, which often sparks discussion and brings back memories. Games are rich in colour, movement and detail, and allows people of all ages to play in a safe and comfortable environment.

We organised a successful launch party with attendance from Alpha Care Domiciliary Services and Tewkesbury Day Centre staff and clients. Everyone had a great time, forging new friendships and have plans to return soon to host their own session. Our chef created an array of mouth-watering cakes much to the delight of all the residents and guests.



# Upcoming Events At *Ashchurch View*

## Volunteer Appreciation Day

We will be holding a very special Vintage tea party for the Touching Souls tea room volunteers. The Tea Room is run by volunteers from the parish and wider community as part of their Benedictine Hospitality.

Organised over 2 days as there are so many worthwhile volunteers who help out at this community hub. Everyone at Ashchurch View are looking forward to showing our appreciation for what they do for the community.



## Flower arranging with Bluebell Florist

The residents of Ashchurch View will be enjoying a visit from Bluebell florist on the 29th October.

Using freshly cut flowers, residents, their relatives and visitors will be creating their very own masterpieces to use as table centre pieces. We will have another date on soon as this one was over-subscribed! Keep your eye out for the next date on our website or enquire directly to Ashchurch view.



## Remembrance Day

On Monday 11th November Ashchurch View will have a special musical performance at 2pm, followed by a 'Poppy picnic' where we will reminisce and share our past memories and memorabilia over sandwiches, cakes and refreshments.



## Date coming soon...Cheltenham Camera Club

Cheltenham camera club will be provided a valuable insight into the world of photography. They will be providing tips and tricks on how to take a great photo with on hand expertise to answer any questions. Final date to be confirmed so check the website for details in the coming weeks....



# News in and around *Ashchurch View*

## Willows Trust Canal Boat Trip

A great day on the river! The residents enjoyed a leisurely trip along the river with a canal boat ride organised by The Willows Trust. Starting at Saul canal, the weather was glorious with time for a bit of sunbathing on deck and, as you can see, the residents also had the opportunity to take the helm!



## Chocolate Workshop

Residents with a sweet tooth visited a chocolate workshop, Cafe au Chocolat in Tewkesbury and had a wonderful time making and eating the sweet treats! As part of our theme for Roald Dahl Day in September. Many thanks to Liz from the cafe for helping us to organise this.



## Senior exercise



Residents, visitors and family members had a mini workout today with parachute games in the lounge at Ashchurch. Suitable for everyone, the smiles on the residents faces says it all, keep fit with the fun factor! Exercise is an important part of life at Ashchurch view and has countless benefits for those of all ages, including a healthier heart, stronger bones and improved flexibility. For seniors, there are additional benefits, like the fact that regular exercise reduces the risk of chronic diseases, lowers the chance of injury and can even improve one's mood.

# News in and around *Ashchurch View*

## Arts, Crafts and Gardening Clubs at Ashchurch View

What better way to spend an afternoon than to join one of the craft or gardening sessions at Ashchurch View. Residents and visitors can get creative and work on a themed project from helping design and make banners for the fete or planting new flowers into the tubs and borders. If you would like to join our residents please get in touch with Ashchurch View!



## Day Trip to Bourton on the Water



The residents enjoyed a trip to the beautiful Bourton-on-the-Water, otherwise known as the Venice of the Cotswolds. Situated on the river Windrush, the weather was perfect for a stroll around the village and a stop off for lunch afterwards. A return trip is planned soon!

## Halloween

The residents, staff and visitors at Ashchurch View will be celebrating Halloween with a special themed lunch menu with pumpkin soup and various scary treats! We have a visit planned from Passion Dramas performing arts group whose will be performing a treat for us all. We will be baking Halloween cupcakes, decorating pumpkins and having terrifying toasties, and freaky finger food throughout the day!



# A few words from *Barchester*...

## 'Excellent' Result for Canmore Lodge

Staff and residents at Canmore Lodge Care Home in Dunfermline are celebrating their recent Care Inspectorate Report result, where they scored an overall 'Excellent' after receiving a score of 6 for supporting people's well-being, and 6 for how well the home supports and plans care. The report follows the home's recent success on carehome.co.uk where Canmore Lodge achieved a perfect 10/10 rating. Currently only 1.5% of Scotland's care homes for elderly people have an overall 'Excellent' rating, making Canmore Lodge ranked among the best in the country.



## Follow us on social media!

Keep up-to-date with the latest news and stories from us and see pictures of life at Barchester homes by following us on Twitter and Facebook:



@Barchester\_Care



/BarchesterHealthcare

## 2019 Barchester Care Awards

The Barchester Care Awards is an annual event that showcases the very best that Barchester has to offer. The Care Awards celebrates the fantastic individuals who work and volunteer in Barchester care homes across the UK; and also has a category devoted to recognising the beautiful outdoor spaces tended by residents and staff members.

Our Divisional Winners have already been named, and the award ceremony will be held in Manchester on 3<sup>rd</sup> October, when the National Winners will be announced. Good luck to all our Divisional Winners and thank you to everyone who took the time to make a nomination.



## Barchester Nominated for 3 Laing Buisson Awards

Barchester is proud to have been named as a finalist in 3 Laing Buisson Awards categories: 'Residential Care (Larger Organisation)', 'Property Developer' and 'Property Investor'. The ceremony will take place on Wednesday 13<sup>th</sup> November 2019 at Park Plaza Westminster Bridge, London, where the winners will be announced.

This year, the awarding body received a record-breaking number of nominations for every single category, with over 400 entries in total.

Last year, we were delighted to take home the 'Property Developer of the Year' award, and Barchester CEO, Pete Calveley was recognized for his amazing work in the care sector by being presented with the 'Outstanding Contributions to Care' award.



## Barchester Holds Key to Future Care

Barchester recently received the keys to Mortain Place in Eastbourne, enhancing our portfolio of care homes.

Lesley Standing, the General Manager of Mortain Place was delighted to accept the keys to the latest 80-bed property on Pevensey Bay Road from the Project Construction Manager Mark Tomalin, from McGoff Construction.

Mortain Place will provide personalised residential and dementia care for 80 older people in the neighbouring community, and will open its doors to residents in October.

Barchester will also be opening another care home in 2019: Trinity Manor in Sherborne. This service will offer dementia and residential care for 64 residents.

