# Scarborough Hall



### General Manager Focus



# Heading into Summer

We are now starting to enjoy the warmer weather of Summer which enables us to spend much more time in the garden and get out for a lot more trips further afield. Our Gardening Club run by Jess and Becky is now running and residents are encouraged to join in with seed sowing and planting out. We have put in some pollinator plants which hopefully with enable all the strawberry flowers to be pollinated so there should be plenty of fruit to be enjoyed in June. All the rain we are having currently means there should be good growth of all our established plants!

There are exciting trips to the Air Museum in York planned for later in the Summer and it should be very enjoyable and stimulating to see the aircraft, examine the extensive collection of memorabilia and meet the knowledgeable staff who will be able to bring the experience to life. Anyone who is particularly interested in aviation should let our Activities Team know beforehand to ensure a place on the minibus.

The Ukulele Band will be back again for more up-beat, foot-stomping entertainment, always enjoyed by residents and staff alike.

Of course, it wouldn't be summer without our yearly Summer Fair which will comprise a raffle, tombola, cake stall and numerous entertainments which will help to raise money for the Barchester Charitable Foundation.

Our Chef lain has now introduced the Summer menu which we hope will be enjoyed by all residents.



## Dates for your Diary

#### <u>JUNE</u>

1<sup>st</sup> June- Baby and Toddler Group 4<sup>th</sup> June- St. James church service 18<sup>th</sup> June- Green Hedges Nursery visit us

#### JULY

2<sup>nd</sup> July- St James Church service 13<sup>th</sup> July- Baby and Toddler group 17<sup>th</sup> July- Air Museum Outing

#### AUGUST

1<sup>ST</sup> August- Ukulele Band 4<sup>th</sup> August- Birds of Prey 6<sup>th</sup> August-St James church service 9<sup>th</sup> August- Green Hedges visit 10<sup>th</sup> August- Baby and Toddler Group 22<sup>nd</sup> August- Air Museum Outing 24<sup>th</sup> August- Summer Fair



# Ann's Wish

Since beginning her life at Scarborough Hall resident Ann has always been fond of recounting tales from the time she ran her much beloved boarding house in Scarborough on Ashville Avenue. She would reminisce with residents, team members and visitors about how wonderful it was being able to bring up her two young sons and make a living for the family at the same time. Ann knew she wanted to be at home for the children so it only seemed natural to extend her home making abilities to holiday guests who chose to frequent our seaside town.

Ann has always been super proud of her 'bottom ender' heritage and is able to remember a lot of Scarborough's history and past times. When the activity team met with Ann's sons and had a brainstorm for her perfect wish, all were in agreement along with Ann that the most meaningful thing for her would be to have a seaside tourist day with the activity team and family.

We started off the day by journeying to Scarborough's North side in our minibus where Ann got the chance for a photo opportunity with her son's outside her old boarding house. They then tooka relaxing stroll around old town where Ann grew up followed by an ice cream at the traditional Harbour Bar!

# SPOTLIGHT ON...

Walking club is regular garden and nature walks through summer. We like to get out of the home, taking small groups for strolls in the local area, particularly Quarry Mount. Valley Road is pretty with buttercups and hedge-parsley right now though the incline can be challenging.



### What we've been up to...



#### Relax....

Our conservatory has a beautiful relaxing atmosphere especially when it's raining.

We hosted our Sensory Relax session with the Sitwell Suite residents. As we listened to the bird song we enjoyed refreshments and hand massages followed be a guided meditation on Spotify through the Alexa.

## Puppy Therapy....

#### Crufts Is an annual dog agility based in NEC Birmingham as we are sure you are already aware!

To celebrate Crufts, we hosted a different dog a day at the home. Staff and families were encouraged to bring in their special pet for attention. We know that many residents respond really well to dogs and feel happier for that interaction. We also had Star Paws dog agility in the garden which was good fun!



# let's talk *Outings*

We are having regular outings to the Scarborough Art Gallery for its 'A Space to Be' project. Here residents can examine artifacts from the past, the fifties, sixties and seventies as part of their Reminiscence sessions.



# $\begin{array}{c} \text{Newsfrom in and around} \\ Scarborough \ Hall \end{array}$

## Green Hedges Nursery Visit

Once a month we meet the Green Hedges Nursery and we take turns hosting and visiting. The little ones have no preconceptions about how to relate to the oldies and for their part the residents feel energised and cheered by the children's play, chatter and good spirits.



## CELEBRATING SUCCESS

We held a raffle for the Animal house Birds of prey we raised £52.00



#### Scarborough Hall Care Home

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