

The Cedars Care Home

NEWSLETTER


BARCHESTER
Celebrating life

General Manager Focus



HELLO SPRING

Plans are in place for our Summer Fete: so hold the date! We will be back in the river for our duck races and inviting stalls and games to our stunning garden on 29th June.

In preparation for this, staff are working hard to prepare our garden for Spring- with weeding, mowing and cleaning the order of the day. The sensory garden and outside Bistro are under renovation and are starting to look perfect. Our residents are looking forward to spending time outside as the weather improves.

Inside, we have a wide variety of activities and events coming up, and remember that you are always welcome to join us. We are also expanding our in home groups, and are welcoming new members to our history group meetings, coffee mornings, nurses club, carer's café and Don't Dine Alone- all of these are free to attend and help our residents maintain their connections within the community.

As always Jo and I are here if you need us, so please don't hesitate to contact us.

Becky

Rebecca Aldred

(Senior General Manager)



Dates for your Diary

Tuesday 7th May- 2pm

Join volunteers Andrea and Catherine for Bible Stories in the Garden Lounge

Thursday 9th May- 2pm

Stonestreet Sounds presents Live in the Rowan Dining room, with a nostalgic look at life in Lincolnshire set to music

Tuesday 14th May-2:30pm

Join the Barchester Live Virtual Events Team for 200 years of Cadbury's Memories, streamed on the big screen in the Garden Lounge; followed by chocolate treats

Monday 20th May-7pm

Bourne History Group meeting with Guest Speaker Malcolm Sciven and the 1911 Census

Thursday 23rd May-2pm

Michelle's Petting Party visit for World Turtle Day in the Garden Lounge and in individual rooms





PARROTS VISIT

We had a wonderful time welcoming our feathered friends from Parrots and Pirates as a group of Macaws came to visit us this month.

We were thrilled to see the beautiful birds both in the Garden Lounge and in individual bedrooms. Every resident was given the opportunity to feed and hold the birds; as well as being treated to a display of tricks and flight that wowed them all.

Rose watched the demonstration of intelligence as the birds completed a series of tasks set by their owners, exclaiming 'it can't be!' as they mastered each one. Charles laughingly pointed out that they were 'better looking than me!' and everyone agreed how beautiful they were.

Graham Tickle Performs

We enjoyed a relaxing afternoon of live piano music played by pianist Graham Tickle. Graham is well known in the area from his 30 year career playing piano at The George Hotel in Stamford; and we were thrilled to be offered a concert by such a talented musician. Residents gathered to listen to a range of songs such as 'Windmills of Your Mind'; 'King of the Road' and 'Greensleeves' played from memory in our stunning Garden Lounge. Rose (an ex-pianist herself) said 'it brings back some wonderful memories' and Gwen commented that it was 'wonderful music to hum along to.'



What we've been up to...



Races at 'The Cedars National'

In celebration of the Grand National we ran a Big Race of our own. Three pre races led to the big finale with Pauline taking the Golden Cup in the winners enclosure. We had stallers at the famous Canal Turn and Bechers Brook, we had fallers in the water leading to a dramatic and exciting finish over the winners post. The wonderful fun and tomfoolery shows in all the facial expressions; and a wonderful afternoon was had by all.

ARTS AND CRAFTS FOR SPRING

Our hands and fingers had to be super dexterous as we created beautiful handmade flowers this month to celebrate the start of Spring and the beautiful blossom in our garden.

We made wire petals and then stretched coloured tights over the shapes we had formed, stamen from wire and beads, and then wrapped a thicker wire stalk in green tape to make a stand. The ladies were very pleased with their creations to display in their rooms.



LET'S TALK *facebook*

Don't forgot to follow us at
@barchestercedarsbourne

Our best story this month had
43 likes:

We wish Captain Ronald Priest a very happy 102nd birthday. Ron is a beloved member of the Cedars Care Home - Barchester Healthcare community, and we were proud to celebrate the day with him and his family and friends.

#barchesterhealthcare
#102yearsyoung #birthdayboy



NEWS FROM IN AND AROUND The Cedars

VISIT FROM RAF WICKENBY

Residents and visitors gathered for a fascinating talk presented by Bill Badger and Peter Colley from the RAF Wickenby Memorial Collection. Using a variety of memorabilia and replica artefacts, the duo spoke to our residents about the history of the base; the 40 Lancaster bombers that launched from the site and the vital role of Bomber Command in WWII. Ron Priest, a bomber command veteran from World War II, really enjoyed the talk; and said that it brought back so many memories of his service. He was happy to share his experiences with the visitors, who really enjoyed meeting him. Residents had a mix of emotions hearing the stories- nearly all present were able to contribute their own stories from their lives during the war. Thank you, Peter and Bill, for generously donating your time to speak to our residents.



Thank You

From all the team at The Cedars Care Home we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at carehome.co.uk or on Google Reviews

EMPLOYEE OF THE MONTH

Congratulations to Freya Nightingale, one of our amazing carers who has been voted employee of the month for her exceptional work in our home. The employee of the month is voted for by colleagues, residents and relatives. If you would like to vote, please ask for a nomination form from reception.

Well deserved, Freya!



The Cedars Care Home

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