

General Manager Focus



A Happy Easter at Highview House

Hello, everyone, and welcome to this special Easter edition of our Newsletter.

Exciting times are upon us here at the home, and, believe it or not, our residents are now on standing at the forefront of the technological field!

As I have recently mentioned, the home has recently purchased a 65-inch, fully mobile, dementia-friendly touch pad for the exclusive use of Highview residents. Crammed full of interactive programmes, videos and communicative apps, this will allow residents right across the home to interact with technology in whichever way they choose.

We've also got a hold of dementia-friendly music players which we demonstrated at the March family/friends meeting. Working in conjunction with Playlist for Life, we can upload person-focused catalogues of music for each and every resident. For more information on this project, please see Aiden at Activities, and read further on.

Finally, look out for developments very soon relating to a Highview walking group. We'd love to have your involvement so as to fully take advantage of the warmer weather.

Happy Easter to all residents, friends and family. *Elsbeth*

Dates for your Diary

Just a few highlights from the Activities Calendar for April!

April

2/4 Sounds Familiar

4/4 Virtual Live Event – Inside The Chocolate Factory

9/4 Men's Club

11/4 Inverness Mosque – Community Engagement Talk

17/4 Hugh Dent The Entertainer Live!

April

25/4 Shopping Trip

26/4 Football Memories

26/4 Residents' Meeting

29/4 National Gardening Week Begins

30/4 Virtual Live Event – Barchester's Big Quiz!





NEWS FROM IN AND AROUND Highview House

Highview Residents Step Into The Future

Our residents are never shy to try their hands at most things – and that includes cutting edge technology.

Thanks to a donation from NHS Highland, Highview House residents are now the proud owners of a 65" Interactive Table.

Thanks to this fully mobile interactive, tactile touch pad, residents with vision or mobility issues can now participate in games, videos and stimulating activities anywhere in the home.

Our virtual reality headset allows residents to visit almost anywhere in the world from their own bed, and our one-touch, dementia-friendly headsets work alongside the Playlist for Life programme to curate personalised music for each and every resident.

For demonstrations on any of these technologies, please speak with a pink-shirted member of the Activities Team.

Volunteers Needed

Activities events happen every day at Highview Home, but the Activities Team could not do their job without the help of families and friends.

We would love to get you involved in the Activities programme. Elsewhere in this newsletter, we highlight the new walking club aimed at getting residents a daily dose of fresh air. To enhance the number of residents involved, we need family members to accompany us on our many walks (see page 4).

Likewise, if you have a skill or talent, we would be delighted to hear from you. Already Pat Gibson leads our Memory Lane choir, but if you fancy yourself as a baker, sewer, gardener, artist or any other kind of performer, please get in touch with the activities team at highview.activities@barchester.com



Activities Coordinator Running For Cash!

Memory Lane Activities Coordinator Stuart Brown will be taking part in the Loch Ness 10k run this September.

Stuart will be donning his running shoes and lycra to raise money for the Highview Residents' Comfort Fund, which supports activities across the home throughout the year.

To support Stuart in his noble endeavour, we will be setting up a funding page, with details to follow.

Please see Stuart for more information.

SPOTLIGHT ON...

...The Highview Harriers Hiking Club

Our regular walking club, the Highview Harriers, meet regularly to embark on outdoor walks around the Scorguie area. If you would like to join us, please email highview.activities@barchester.com or speak to a pink-shirted member of the Activities team.



What we've been up to...



The Fab Four Return

We were delighted to welcome Katy-Louise, performing her one-woman Beatlemania extravaganza.

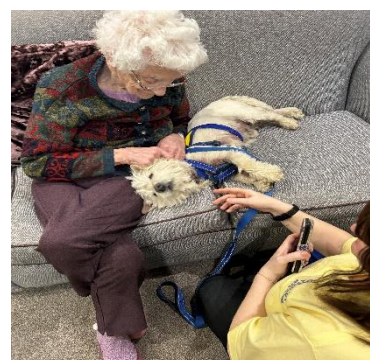
Always popular with residents, Katy-Louise always delivers a performance full of laughs, interaction and tactile activities. We look forward to her regular visits.

Gizmo and Sammy Provide the Cuddles

Our four-legged furry friends make frequent visits to the home, and they are always great occasions.

On this particular visit (right) Sammy chose to forego his usual stroll around the home and instead curled up in a ball next to Ena, who was happy to oblige.

Look out for Sammy on Mondays and Gizmo on Tuesdays.



LET'S TALK *facebook*

Don't forgot to follow us at
[@barchesterhighviewhouse](#)

Our best story this month had 38 likes and a reach of 403.

With the Cheltenham Festival in full swing, we asked our resident racing pundit Mick to predict a winner for today's races. And so be ready to put your 10p each way bet on: 2.10 - American Mike

Throughout the festival, staff will be placing a £1 each way bet on horses selected by our residents. All winnings will go to the Highview Residents' Comfort Fund, which supports and enhances activity experiences throughout the year.

NEWS FROM IN AND AROUND Highview House

Residents Prepare for The Ness 10k Run

With the launch of the Highview Harriers walking club, the Activities team thought it would be a good idea to add an element of competition to our new project.

On Sunday, 24th of September, Activities Coordinator on Memory Lane Stuart will be representing the home in the 10k run. And the organisers of the race have offered certificates to any resident who completes the 10k distance between now and race day!

Those who have joined us on our previous walks will have seen a course that is roughly 0.8km long. So, just 12.5 trips with the club will earn you a completion certificate!

Thank You

From all the team at **Highview** we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at [Barchester Highview House Care Home, Scorquie Drive, Inverness, Highland IV3 8SD | 26 Reviews](#)

Celebrations in our home

A very happy birthday to:

Elizabeth Hamling (3/4)	George Blake (7/4)
Chandra Reid (8/4)	Frank Birse (15/4)
Kenny Barton (18/4)	Joyce Nicol (19/4)
Elizabeth Lavery (19/4)	John Kaka (25/4)



Highview House

Scorquie Avenue, Inverness, IV3 8SD

Tel: 01463 711331 • [www.barchester.com](#)

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