

## Monthly Activities at Hickathrift House

## Join us for our events throughout April.

Animal Petting Party Thursday 4<sup>th</sup> – 2:30pm

Meet a selection of adorable pets with Michelle's Petting Party in both communitie

National Scrabble Day Saturday 13<sup>th</sup> – All Day

Celebrate with word games, Hasbro's history, scrabble art and a Scrabble contest.

**Time for a Tea Party** Sunday 21<sup>st</sup> – 4:30pm We're all mad at the Alice in Wonderland Tea Party. Everyone is welcome.

> **St George's Day** Tuesday 23<sup>rd</sup> – All Day

Celebrate with sword fights, Eton mess, interesting history club and armchair travels.

KJ & the Catt Dance Party

Monday 29<sup>th</sup> – 2:30pm Dress as your favourite pop stars and get your groove on.

> Pretty Pony Visit Tuesday 30<sup>th</sup> – 2:30pm

Meet our cutest friend as she roams around the homes communal areas to say hello.

**Virtual Events** 

Thursday 4<sup>th</sup> - 2:30pm – Chocolate Factory Tour Tuesday 16<sup>th</sup> - 2:30pm – Come Sing with Me Tuesday 30<sup>th</sup> - 2:30pm – Barchester Big Quiz Event

## **Gentle Exercise Classes**

Thursday 11<sup>th</sup>- 3:00pm – Resistance Band Training from JG Fitness. Tuesday 16<sup>th</sup>- 2:30pm – Yoga Therapy with Amanda from Wings of Eagles. \*NEW\* Tuesday 23<sup>rd</sup>- 3:00pm – Strength Training with Victoria

## All welcome to join! Any questions contact the Activities Team.

Hickathrift House Care Home, 217 Smeeth Road, Marshland St James, PE14 8JB 01945 430 636 • www.barchester.com/HickathriftHouse