

# Hickathrift House

NEWSLETTER

  
BARCHESTER  
*Celebrating life*



## Egg-citing Easter at Hickathrift House

### *General Manager Focus*

**Chick out our latest newsletter! Inside you'll find the latest and greatest plans for April. While catching up on our wonderful egg-celent Easter activities.**

I'd like to start by welcoming all the new residents and staff to Hickathrift House Care Home. It's so lovely to meet you all and we're looking forward to getting to know you. I truly hope you have all enjoyed being here and are excited to join in the celebrations this month.

What a fantastic Easter we've had here at Hickathrift House. We're so thrilled that everyone had a lovely time with the various local groups who joined us and an array of activities from Easter bonnet crafts to quizzes. Thank you to everyone who has submitted photographs for the pet competition, the beautiful snaps spark superb memories, there's still time to submit before the 11<sup>th</sup> of April. Additionally, we granted 3 wishes with our Post A Wish Initiative and can't wait to grant even more this Spring.

In April we'll be continuing the fun with outings, celebrations, and birthdays. We're especially looking forward to celebrating National Tea Day with an Alice in Wonderland Tea Party on the 21<sup>st</sup>. We are also planning our Spring Fair and Bingo Fundraiser in May. Any donations to these amazing events are greatly appreciated. I'd also like to draw your attention to the annual Barchester Care Awards! More information in the newsletter.

Thank you all for your ongoing support!  
**Paula Colman,**  
**General Manager**



## Dates for your Diary!

### Join us this April!

- 1<sup>st</sup> Easter Bible Study
- 4<sup>th</sup> Animal Petting Party
- 5<sup>th</sup> Gratitude 43 Crafts
- 6<sup>th</sup> Celebrating ABBA Day
- 9<sup>th</sup> A Day in Egypt
- 9<sup>th</sup> In-House Church Service
- 13<sup>th</sup> National Scrabble Day
- 21<sup>st</sup> Alice in Wonderland Tea Party
- 23<sup>rd</sup> St George's Day
- 26<sup>th</sup> Residents' Meeting
- 29<sup>th</sup> KJ & the Catt Dance Party
- 30<sup>th</sup> Pony Visit
- MAY**
- 18<sup>th</sup> Spring Fair
- 30<sup>th</sup> Bingo Fundraiser Event





# WHAT WE'VE BEEN UP TO AT Hickathrift House

## WORLD BOOK DAY

**A page turner of a day at Hickathrift House!**

What a fantastic, themed celebration with our staff joining in by dressing as their favourite book characters. We went to the Wisbech Library, launched our new book trolley, made bookmarks, and took part in a famous novels quiz. Please note everyone is welcome to browse and use our library in the Snug.



## MOTHER'S DAY

**The perfect celebration for the lovely ladies at Hickathrift.**

Every resident received a beautiful charm from Aiden and his mum in the morning and spent the time reminiscing about their roles as Mother's and their favourite memories. The afternoon was full of laughter and singing with the resident's favourite duo, KJ & The Catt! We also hosted several daughters for the scrumptious Mothing Sunday Roast Lunch.

## EASTER CELEBRATIONS

**Happy Easter to all!**

Residents had a spectacular Easter meeting the Easter bunny, a family and friends Easter bonnet craft class, an interesting Easter quiz, reminiscing sessions, our Virtual Easter Church Service. dining experience and welcoming the Pilgrim Cross.



## POST A WISH CELEBRATIONS

This month our team has had the privilege to grant 3 wishes for residents. Margaret loved historic buildings and visiting church gardens with her friend Charlotte, so for Margaret's Post a Wish we contacted the amazing St Peter & St Paul's Church to organise a historic tour of their amazing church. It was wonderful! Our second Post A Wish has been in the making for some time. Avice knits teddy bears for the Rudham Children Ward at the QEH but has never dropped them off herself, so we arranged for her to hand deliver her teddies to the children on the ward. It was a very meaningful experience for us all. The final Post A Wish granted was Audrey's! She was a florist and avid gardener, so our team organised a flower arranging experience with Ridgway Florist's which Audrey adored.





## WHAT WE'VE GOT PLANNED AT...

# Hickathrift House

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## UNIQUE ANIMAL THERAPY

**Amazing animal experiences this April!**

We are so excited to welcome back Michelle's Petting Party on the 4<sup>th</sup> of April, our virtual pet photography competition on the 11<sup>th</sup> of April and an adorable new pony experience on the 30<sup>th</sup> of April. April really is the time to celebrate animals at Hickathrift House!

## NATIONAL SCRABBLE DAY

**Scrabble is all fun and games until someone loses an i.**

We have an incredible day planned on the 13<sup>th</sup> of April all to do with celebrating one of the residents' favourite games, scrabble! In the morning we'll be learning about Hasbro's history and making beautiful scrabble art. In the afternoon we invite everyone to join our Community Scrabble Contest from 2:30pm.

## ALICE IN WONDERLAND TEA PARTY

**It's always time for tea, especially on National Tea Day!**

Join our Alice in Wonderland Mad Hatters Tea Party on the 21<sup>st</sup> of April from 4:30pm. We will be serving a selection of refreshments on beautiful, themed tables. If you'd like to join your loved one, please book your space with our Activities Team by the 12<sup>th</sup> of April.

## SPRING FAIR

**Join us for an amazing day at Hickathrift House.**

Come explore our Spring Fair on the 18<sup>th</sup> of May from 11am to 3pm. We have a selection of stalls, live entertainment, and a BBQ. We are still accepting stall holders to make the event bigger and better. All funds raised help to create unique life enriching moments, bigger events, and incredible outings. Any tombola prizes are greatly appreciated. Everyone is welcome.

## UPCOMING OUTINGS

3<sup>rd</sup> – Shopping Outing

4<sup>th</sup> – Book Club Outing

7<sup>th</sup> – Church Service Outing

8<sup>th</sup> – Monthly Pub Outing

10<sup>th</sup> – Garden Centre Outing

11<sup>th</sup> – Community Crafty Ladies

14<sup>th</sup> – Spring Artisan Fayre

15<sup>th</sup> – Easter Parade Cinema Screening at the Light Cinema

17<sup>th</sup> – Coffee, Chat at Church at the Local Methodist Church

21<sup>st</sup> – Family Fun Day at Marshland Hall

24<sup>th</sup> – Church Farm Outing

TBC – Norfolk Tulips

**If you'd like to volunteer for one of our trips or join your loved ones, please don't hesitate to get in contact with our Activities Team.**

**Additionally, we're planning many Hunstanton/Sandringham trips this Summer so please let us know if you'd like to join your loved one.**



Join us for our events throughout April.

**Animal Petting Party**

Thursday 4<sup>th</sup> – 2:30pm

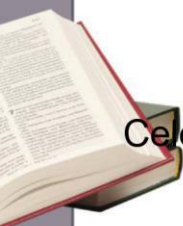
Meet a selection of adorable pets with Michelle's Petting Party in both communities



**National Scrabble Day**

Saturday 13<sup>th</sup> – All Day

Celebrate with word games, Hasbro's history, scrabble art and a Scrabble contest.



**Time for a Tea Party**

Sunday 21<sup>st</sup> – 4:30pm

We're all mad at the Alice in Wonderland Tea Party. Everyone is welcome.

**St George's Day**

Tuesday 23<sup>rd</sup> – All Day

Celebrate with sword fights, Eton mess, interesting history club and armchair travels.



**KJ & the Catt Dance Party**

Monday 29<sup>th</sup> – 2:30pm

Dress as your favourite pop stars and get your groove on.



**Pretty Pony Visit**

Tuesday 30<sup>th</sup> – 2:30pm

Meet our cutest friend as she roams around the homes communal areas to say hello.



**Virtual Events**

Thursday 4<sup>th</sup> - 2:30pm – Chocolate Factory Tour

Tuesday 16<sup>th</sup> - 2:30pm – Come Sing with Me

Tuesday 30<sup>th</sup> - 2:30pm – Barchester Big Quiz Event

**Gentle Exercise Classes**

Thursday 11<sup>th</sup>- 3:00pm – Resistance Band Training from JG Fitness.

Tuesday 16<sup>th</sup>- 2:30pm – Yoga Therapy with Amanda from Wings of Eagles.

\*NEW\* Tuesday 23<sup>rd</sup>- 3:00pm – Strength Training with Victoria

All welcome to join! Any questions contact the Activities Team.

Hickathrift House Care Home, 217 Smeeth Road, Marshland St James, PE14 8JB

01945 430 636 • [www.barchester.com/HickathriftHouse](http://www.barchester.com/HickathriftHouse)





## COMMUNITY NEWS IN AND AROUND Hickathrift House

### CHARITY OF THE MONTH

In March, residents and staff have been raising awareness for the Marie Curie Daffodil Appeal through our monthly painting club and selling daffodil pins in reception. We hope all the visitors have enjoyed the vibrant art and thank you for all your donations.

In April we'll be raising awareness and funds for Parkinson's UK. We will be offering information from the charity during our Dementia Café and hosting a Community Poetry Club where we'll be reading poems by people living with Parkinsons. Thank you to everyone in advance.



### COMMUNITY EVENTS

Everyone is welcome and an assortment of refreshments will be provided. Please call to book a space. We look forward to welcoming you.

Join us for our community events throughout April.

**Parkinson Poetry Club**  
Sunday 7<sup>th</sup> – 2:30pm  
Come read poems by people with Parkinsons. All funds raised go to Parkinson's UK.

**Community Coffee Morning**  
Friday 12<sup>th</sup> – 10:30am – 12pm  
Enjoy interesting activity sheets and meet new people at our Coffee Morning.

**National Scrabble Day**  
Saturday 13<sup>th</sup> – 2:30pm  
A fun friendly Scrabble Competition! Delicious chocolate prizes to be won.

**Dementia Café**  
Friday 19<sup>th</sup> – 10:30am – 12pm  
Stimulating the mind, body, and soul for those living with dementia and their carers.

**Toddler Morning**  
Sunday 20<sup>th</sup> – 10:30am – 12pm  
Visit with your little ones at our lovely intergenerational St Georges Day morning.

**Time for a Tea Party**  
Sunday 21<sup>st</sup> – 4:30pm  
We're all mad at the Alice in Wonderland Tea Party. Please book in advance.

**Community Knit & Natter Club**  
Friday 26<sup>th</sup> – 2:30pm – 4:30pm  
Grab your knitting needles and latest creations to show residents over refreshments.

**Virtual Events**  
Thursday 4<sup>th</sup> - 2:30pm – Chocolate Factory Tour  
Tuesday 16<sup>th</sup> - 2:30pm – Come Sing with Me  
Tuesday 30<sup>th</sup> - 2:30pm – Barchester Big Quiz Event

### BARCHESTER CARE AWARDS

#### NOMINATE A HICKATHRIFT HOUSE MEMBER TODAY!

The annual Barchester Care Awards is a fantastic opportunity to recognise the individuals that consistently go above and beyond to support our residents, their families and other team members.

Nominations are **NOW OPEN** for this year's awards, and you can put in your nominations via the link here today. [CLICK HERE!!!](#) There are over 15 categories, and we can't wait to update you if we get shortlisted.



LET'S TALK

*facebook*

Don't forget to follow us at  
@BarchesterHickathriftHouse

Our best story this month had  
216 likes, comments & shares.

#### Brenda's Wish

Another meaningful wish has been granted by our Post a Wish initiative! Brenda has lived around the area all her life but never been to the amazing Worzals before! Ticking this off her wish list was a joy for our staff to organise for her.

Our Facebook page is updated every day with photos of life at Hickathrift House Care Home and we appreciate all your comments, likes and shares. Thank you!

## BINGO FUNDRAISER NIGHT

Help us make bigger, better events and activities at Hickathrift House.

On the 30<sup>th</sup> of May we'll be hosting our BIG bingo fundraiser, and we hope you can help us make this year gigantic! All funds raised help to create unique life enriching moments, amazing free events for residents and their loved ones and incredible outings at no cost to the residents or their families.

You can help by selling raffle tickets, purchasing raffle tickets at reception, sharing our event with others and donating bingo prizes from beauty sets to gift vouchers – anything is greatly appreciated! Additionally, we'd love to see you at our Bingo event on the 30<sup>th</sup> of May, doors open at 6pm and eyes down at 7pm at Walsoken Village Hall. We hope to see you there!

# Thank You

From all the team at Hickathrift House we'd like to say a big thank you to you all for your support and understanding. Thank you for getting involved.

We'd really appreciate a review from you and your family about your opinions of Hickathrift House at [Google](https://www.google.com) or [Carehome.co.uk](https://www.carehome.co.uk)



## CELEBRATIONS!

To start we'd like to welcome David, Joy, Kathleen, Wendy, and Pamela who have joined us this month. We hope you have a fantastic stay. Happy Birthday to Gladys, Vera, and Elsie. Gladys celebrated with her favourite activity, quizzes on musical theatre and some fluffy socks. Vera celebrated with a lovely Sunday Roast with her family at Hickathrift. Elsie's birthday was made special with a fun sing along for her and some delicious chocolates. Congratulations to Marilyn, a senior carer, for being voted Employee of the Month for February! She was voted by residents and staff for her kindness and sense of humour.

Please don't hesitate to contact our Activities Team who'll help arrange special moments for your loved ones, from anniversaries to birthdays and our Post a Wish initiative.

Hickathrift House Care Home

217 Smeeth Road, PE14 8JB

Tel: 01945 430 636 • [www.barchester.com](http://www.barchester.com)

 @BarchesterHickathriftHouse



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