

General Manager Focus



A word from Aileen...

Welcome to our Spring Newsletter

Hope this finds you all well and enjoying the slightly better weather! As always it's been a busy few months at Fordmill and I am delighted to introduce Lisa Harwood as the new Deputy Manager at Fordmill. Lisa was a student nurse here during covid and when she qualified worked at nine wells and then in a nursing home in Dundee gaining a wealth of experience. Lisa will be working shifts on both floors and also working supernumerary

We are awaiting an unannounced inspection from the Care Inspectorate and I would be grateful if you could kindly complete the questionnaire sent out by email.

Julia continues to make plans for the spring and summer activities and Christine, Head of Maintenance has started a gardening club. Also looking to get a replacement cover for the marquee so we can start reorganising some outdoor activities. Julia is continuing with her monthly virtual trips and recently 'visited' Zimbabwe and Holland with the residents and staff

Barchester Care Awards are in October and these awards recognises Barchester staff who go above and beyond in their roles. If you would like to nominate a member of staff at Fordmill Please pick up a nomination form which is located at reception desk Please remember my door is always open if you have any questions.

Aileen Alberts
General Manager



Dates for your Diary

May

31/05/2024
Community Café
2.30pm – 4pm
(Held the last Friday of every month)

June

06/06/2024
Alpaca Visit - Annie and Baillie the alpacas will be joined by their friend Simon, the owl. 2.30-4pm

21/06/2024
World Music Day
Gordon Reid live accordion music.
2.30-4pm

July

19/07/2024
Champagne Entertainment
present classic 70s & 80s music. 2.30-4pm

27/07/2024
Summer Fair 1-4pm
BBQ, stalls, performances, car boot sale & more



NEWS FROM IN AND AROUND Fordmill Care Home

What a great start to 2024 we have all had. The buds are opening in the garden and many have already enjoyed some walks out to appreciate the daffodils and crocus blooming. The blossom trees are ready to sprinkle the paths with colour also, just in time for this year's Gardening Club to start their projects.

There have been celebrations all around with Valentines, Mother's Day, St. Patricks Day, Easter and Ladies Day.

Huge congratulations also to our Long Service Award winners:

Paul Talosig 15 years, Judy Gove 10 years, Jacqui Allardice 10 years.

Introducing our new Deputy Manager, Lisa

My name is Lisa and I have recently taken the position of Deputy Manager at Fordmill Care Home. This has been a full circle for me as I was here as a nursing student during the pandemic where I managed to learn new skills and work with a fantastic team.

Once I qualified in 2021 I took my first post within the High Dependency unit at ARI which was an amazing experience and I enhanced my skills and understanding of acute nursing. I then went on to work in Acute Surgical within Nine wells Hospital. Again I was able to really get my confidence in my nursing and feel like I was making a difference to help patients and families. Due to working in acute settings I realised that there was something missing as I was not able to build a rapport with patients and their families due to it being short term care.

I took the decision to leave the NHS and take a nursing position within a care home just outside of Dundee which allowed me to get to know residents and their needs and I was able to build relationships with relatives. With working in the care home I was able to see more of a leadership role and learn another side of nursing which really interested me and allowed me to be able to be involved in all aspects of the residents care needs.

I saw there was a position available at Fordmill for the Deputy Manager. I was unsure about going for this as I did not think I had the experience, but on speaking with Aileen and Lorraine I decided to apply for the position and was so pleased to have a successful interview. For me it feels like I am back home and I am excited to develop within Barchester and work and learn with all the staff to promote a whole home approach and getting to know all of the residents and relatives.



Virtual Trips

So far this year we have travelled to Native Indian America, Morocco, Zimbabwe and Amsterdam. The small plane we started with has had to be upgraded due to huge demand on Fordmill Airlines! The residents have really taken to the skies with learning all about these amazing places and soaking up the cultures and eating the cuisine!



SPOTLIGHT ON...

We are happy to introduce to you, Margaret Laird, our Resident Ambassador. Margaret joined Fordmill last year and struggled to adjust to her new living arrangements. However, the role of Resident Ambassador has really helped Margaret to know her purpose here and she is going to help staff and residents. Margaret is always available for a chat!



What we've been up to...



Valentine's Day

What is it the movie says... Love really is all around...? And it was very evident at Fordmill in February. We were joined by the children from St Margaret's School who were very excited to be with our residents. They chatted away with them and sang songs. 'How Much is That Doggy in the Window' was a clear favourite with lots of smiling and laughter. It was fantastic to see the generations of our community interact!

Montrose Rugby Club and Union Park Community Sports Hub

Our community engagement continued with our residents testing their rugby skills out. The rugby club sure put them through their paces, and it was well worth it to see the creative games they came up with to entertain our residents. We are very lucky to host such a fantastic group of young sports men and women who connect well with our residents, all in the spirit of fun!



LET'S TALK *facebook*

Don't forgot to follow us at
@BarchesterFordmill

We update the page a
minimum of 3 times a
week with all the fun
things that happen at
Fordmill!

Your support on social
media is very much
appreciated.

Therapy Ponies Visit

Flicker and Wilson literally had us jumping up and down the halls with their visit in April and brought a smile to everyone's faces. John and Elaine brought along their 2 beautiful therapy ponies for our residents to get to know. And just for the occasion, Flicker and Wilson put their new shoes on! These exceptionally soft and gentle ponies treated our residents like royalty with nobody lacked from attention or cuddles. Things stepped up a gear when a few of our residents took their reins and they (and their wheelchairs we might add) were whizzed up the corridors for a trot! Amazing memories made and we can't wait until they are back in Fordmill!



Peggy's 104th Birthday

We celebrated in style for Peggy's special day! And what better way to celebrate than with a pink wafer cake for the lady. Friends, family, staff and residents all came together in wishing the birthday girl lots of well wishes and we got over 104 birthday wishes on our Facebook page to pass on to Peggy!! Many happy returns!!!!

Thank You

From all the team at Fordmill Care Home, we'd like to say a big thank you to you all for your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at <https://www.carehome.co.uk/FordmillCareHome>



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BARCHESTER

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