# Station's Stories



#### *April 2024*



# 'Eggcelent' times ahead

#### Hello Spring!

We all looking forward to the lighter and warmer days spring will bring and a 'cracking' month in April from animals joining us, to race day celebrations and reliving the fabulous 50s.

We are currently carrying out roof repairs which is due to be completed soon. Internally we have revamped our salon and look forward to external businesses joining us for beauty and holistic treatments as well as our weekly in house hairdresser Lynda.

Along with our resident gardening club we are in search of any green fingered volunteers to help revamp our garden in spring, if you have free time on your hands and would like to please see activities coordinators, Carly or Sharna.

I hope many of you can make it to our next relative and friends meeting on Wednesday 24<sup>th</sup> at 3pm to discuss life at Station Court with myself and the team.

I would like to wish you all a very 'hoppy' Easter

Sarah Kelly General Manager

#### EVENTS FOR YOUR DIARY

Friday 29<sup>th</sup> March Easter family fun-day from 11am - Bring the children along and meet the Easter bunny, join our egg hunt and play Easter themed

TUESDAY 2<sup>ND</sup> April

From 11am Meet, hold and cuddle with the wild, wacky and wonderful animals at our in house petting zoo with Animal Antics

Wednesday 3<sup>rd</sup> April

From 10.30am Meet new friends over cuppas and cake at our community coffee morning

Saturday 13<sup>th</sup> April

From 3pm Join us in your best hat for pimms, bubbly and place your bets for one of the world's biggest sporting events – the Grand National

#### Thursday 18<sup>th</sup> April

From 11.30am Relieve the fabulous fifties as we shake rattle and roll to hits from the era with Michaela from Musical Memories performing live

Sunday 21<sup>st</sup> April From 3.30pm Join us at our high tea afternoon as we celebrate National Tea Day

# March best bits...



## MOTHERS DAY CELEBRATIONS

All of our mothers had a wonderful day on Mothering Sunday feeling pampered, loved and appreciated. It was lovely to have our home filled with loved ones and to host our mother's day afternoon tea, bringing people together over scrumptious bites and bubbly

#### NUTRITION AND HYDRATION WEEK

We all had great fun taking part in the global initiative, Nutrition and Hydration week this month hosting a different themed event each day of the week with special guests joining us. Well done to everyone who took on the 7 day Station Hydration challenge

Nutrition and Hydration week has taken place annually since 2012 with the purpose of bringing people together highlighting and educating the importance of good nutrition and hydration.





# COMIC RELEIF FUN-DAY

Our home was filled with laughter, joy and the colour red as we joined Comic Relief. We all had a brilliant time singing and dancing along to hits through the eras with artist Chris Gilly performing live. Our resident judges had a tricky decision to make choosing the winner in our staff bake off (well done to Mandy!) and we had a barrel of laughs at our resident and staff big comic relief quiz before all watching the annual show with fruity snacks and tasty treats.

### ST PATRICKS PARTY

We partied just like the Irish as we celebrated St Patricks Day with Irish themed hits performed live by the brilliant entertainer Mark McCann having us all on our feet dancing and singing along. With Irish drinks of Guinness, Irish liquor and green mojito's flowing





### GARDENING CLUB

We are preparing the warmer weather and getting our garden ready for all the garden parties. Our gents in gardening club have been out shopping to B&Q buying supplies ready to revamp our garden. They have been busy planting goods in our greenhouse and prepping pots ready for flowers, we look forward to seeing it all come together.

# CHARITY OF THE MONTH: NORTHUMBERLAND DOG RESCUE

A huge thank you to those who have donated to our dog collection and to those who have baked, bought and joined our event days raising funds throughout March.

We had a 'pawsome' time meeting some of the pooches who Northumberland Dog Rescue has helped find new homes and volunteers Wal and Nicky joining us at our community coffee morning speaking of the wonderful work the charity do.

Throughout April we are raising funds and collecting items for Cats Protection Northumbria. Some of you may remember the charity helped a stray cat, autumn found in our garden some time ago, we are very grateful for any donations to support the charity.

Thank you, The Station Team





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@BarchesterStationCourt

Your opinion on Station Court Care Home is hugely important to us We are kindly asking our residents, relatives and visitors to complete one of our carehome.co.uk review cards or to visit their website and leave a review on our page. This will help other families currently looking for a care home and considering Station Court

Review cards are in our foyer, please do not hesitate to ask at reception if you need any assistance in completing a review card.

Once complete you can post it directly using the free post service or pop it into reception and we can post It for you – please be sure to include your telephone number

# EMPLOYEE OF THE MONTH

A huge well done to Judith, our nightshift senior carer. Judith has been awarded our employee of the month award for her support and mentoring fellow colleagues and her commitment and dedication to our home

Thank you for all that you do Judith, we hope you enjoy your voucher and gifts.



#### **Station Court Care Home**

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