

South Grange

NEWSLETTER


BARCHESTER
Celebrating life

General Manager Focus



HELLO & WELCOME

Welcome to our spring Newsletter. I would like to take the opportunity to welcome our new residents and their family and friends to the home and we look forward to some happy times ahead.

I would like to thank the people that attended the relatives meeting held in February as this was a productive and informative meeting and the team at South Grange are working to take forward suggestions and implement these into practice at South Grange. We have reached out to Alzheimer's Scotland to organise a support session which families can attend to gain some more knowledge in relation to the dementia journey and this will provide the opportunity for any questions or situations to be discussed. This was discussed at the Relatives meeting and all felt that this would be a benefit to the home. The session will take place on

I would also like to take this opportunity to remind families, friends and residents that my door is always open should they wish to chat about any concerns, worries and positive feedback on the service is also always welcome

Catherine Lappin
General Manager

Dates for your Diary

March 2024

19th March

Community Café
Where we will welcome
in the community to join
us for an afternoon of
cuppies, cakes and a
quiz

21st March

Dundee Steeple Church
Join us for an afternoon
service and songs

28th March

Dementia support group
for families – group starts
at 6pm

April 2024

2nd April

Ice cream van
The first visit of the year
from our local ice cream
van

6th April

National Tartan Day

13th April

Grand National
Get your bets at the
ready



Requests from Laundry Service

It is very important that Laundry within the home is processed efficiently within the home and we know it is frustrating at times when items are not returned to your loved ones rooms. We are now operating a new button system where a button with your loved ones room number is secured onto their clothing to ensure that items are returned to the correct person. Can we please request that if families or friends are bringing in new clothing that they highlight this to the staff on the floor to ensure the buttons can be secured and the clothes are added to the inventory to allow us to keep track of the clothing in the home. On the same note if families or friends are clearing out clothing or taking clothing away can they ask the staff if the buttons can be removed from the clothing prior to them leaving the building to allow for them to be used for any new items that may be received moving forward. We are also going to trial mesh bags for smalls such as socks and underwear which will be placed in these bags and laundered all together instead of each item being marked with separate buttons as the level of buttons being used within the home is vast so please bear with us while we trial this new way of working, however if any issue arises please do not hesitate to discuss with myself or head of hospitality Christine Penman.

Happy Valentine's Day

Our home was filled with flowers, cards, balloons and decorations as we celebrated the day of love in style with sweet treats and gifts. We marked the day by inviting some of our residents and their loved ones for a special valentine meal in our round room which was prepared with love and care by our chef Bernard. Each lady was presented with a red rose and sweets from their loved ones, they enjoyed their lovely meal along with romantic music and a glass of bubbly.



What we've been up to...

Nursery visit

Residents at South Grange always look forward to welcoming our little friends from Grange Nursery. We always have a selection of fun activities to do with the children such as giant games, scrapbook making of our Visits and reading their favourite books. The last few weeks we have been preparing puppets for World Book Day (13th March) based on the children's Favourite book 'Is That an Elephant in My Fridge'. They always bring so much joy and a smile to our faces!



LET'S TALK *facebook*

Don't forget to follow us at
<https://www.barchester.com/home/south-grange-care-centre>

**Our best story this month
had 41 likes**

A Beautiful Day
This week Annie was delighted to be chauffeured around the streets of Monifieth on a Trishaw ride. Annie said it was a "great afternoon and the volunteers from Cycling Without Age Scotland Monifieth were brilliant".



Celebrations in our home

We would like to congratulate our previous employee of the month Caitlin Cameron who was nominated for February. It is important that we recognise all of the hard work and dedication from all of the staff in our teams.

We are also preparing to say a fond farewell to our Catherine Pasane our Ground Floor Charge Nurse who has made the decision to retire. We all wish her well in her retirement.

NEWS FROM IN AND AROUND South Grange

We will be expecting some works to be carried out within the home in the coming months. We will be carrying out some work in the kitchen area of the Seven Arches Unit to add storage and work space in the kitchen area based on feedback from family member's that there is an issue with storage. We are also expecting some works to be carried up on the first floor where we will be building an office to the area just outside the lifts to ensure that the Nurses are in an area more visible to visiting families, friends and visiting healthcare professionals and will be encouraging the residents within the home to use some of the lovely sitting areas within the home to socialise.

We decided at the relatives meeting that having these meetings every 6 months would be sufficient however we will also look to have a coffee/Tea morning or afternoon for families and friends to attend to meet with myself to ensure effective communication within the home however as always my door is always open for a chat.

On the 13th April get your bets at the ready for the Grand National and we will be welcoming back live music within the home on the 21st April when we are joined by the Treble Makers duo

Thank You

From all the team at South Grange we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at

<https://www.barchester.com/home/south-grange-care-centre>

