# Laurel Bank

## NEWSLETTER



### General Manager Focus



Welcome to our Spring Newsletter.

Happy 2024 everyone, I hope you are all having a wonderful beginning to what will hopefully be a fantastic year!

We have lots of things to look forward to in the coming months, such as our second year of Laurel Bank's very own 'Mr and Mrs' to celebrate Valentine's Day. I am also excited that more trips are being planned for our residents – I can't wait to see what adventures you will all have.

Laurel Bank is also going to take on a new challenge this year: the 50 businesses, 50 days, 500 pounds challenge for St. Johns Hospice. I can't wait to come together as a team to raise money for this amazing cause.

As I'm sure you all know, my door is always open for residents, families and staff to stop by, so do feel free to pop in and say hello!

# Dates for your Diary

#### **February**

10<sup>th</sup> Chinese New Year

10<sup>th</sup> Pancake Day

14<sup>th</sup> Valentine's Day

#### March

8<sup>th</sup> International <u>Wom</u>en's day

11<sup>th</sup> Nutrition and Hydration Week

17<sup>th</sup> St Patricks Day

29<sup>th</sup> Good Friday

#### April

12<sup>th</sup> Aintree Ladies day

21<sup>st</sup> National Tea day

23<sup>rd</sup> St George's day

#### May

1<sup>st</sup> Mental Health day

12<sup>th</sup> International Nurses day

13<sup>th</sup> World cocktail day





#### TRIPS OUT

We know how important trips out are!
We are now planning trips every
Monday afternoon!

This year we are working on getting more trips out so that everyone has the chance to enjoy Laurel Bank life.

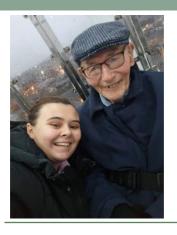
We are enjoying trips out at Laurel Bank.
Here are some pictures from our
Morecambe trip. We had lunch at the
Bow window café and met up with family
member Jane afterwards and we had a
stroll down the prom.

#### SPOTLIGHT ON...

Laurel Banks version of Mr and Mrs is back for Valentine's Day. Happy Couples was such a hit last year we are doing it again. Whether your friends, partners or just looking to join in please let one of the pink ladies know. Keep a look out for posters around the home. There will be refreshments available.



## What we've been up to...



#### **BIG WHEEL TRIP**

We had a trip to the big wheel in Dalton Square! Here is Ralph enjoying being on the big wheel for the first time in 90 years. He loved every minute! We took other residents on a number of trips to go one the big wheel then we enjoyed delicious hot chocolate and bratwurst hot dogs in front of the fire.

#### CHRISTMAS FAYRE

Staff, residents and family were all involved for the Christmas fayre it was a really magical day especially for the children who came and got to meet Mrs Claus and Santa. We enjoyed Yorkshire pudding wraps and entertainment from Boogie Bill. We opened the shop and sold lots of delicious treats and we had a stall selling hand knitted items all made by our administrators mum throughout the year.



# LET'S TALK Facebook

Don't forgot to follow us at @Laurelbankbarchester

Our best story this month had 48 likes

Today we got to meet Karen's new addition to the family her grandson Cody Thomas! We are looking forward to having plenty of cuddles!

Congratulations to you and your family Karen!



# NEWS FROM IN AND AROUND Laurel Bank

### 50-50-500 Challenge

Laurel Bank is taking on a new challenge. We are entering the 50 businesses, 50 days, 500 pounds challenge for St. Johns Hospice this spring. Laurel Bank will be hosting a spring Fayre to help raise money for such a good cause. If you would like to help us raise money for St. Johns please let us know. It could be a sponsored head shave or even a sponsored walk. Anyone can join in, all you need to do is let one of our pink ladies know!

# Thank You

From all the team at Laurel Bank we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at Carehome.co.uk

### Celebrations in our home

Happy Birthday to- Christine Pye, Barbara Jackson, Bonita Blackmore, Paola McCarthy, Doreen Love, Elizabeth Hudd, James Knight, Phil Senior, Val Schild.



Laurel bank Nursing home Lancaster LA13NY

Tel: 01524 388980 • www.barchester.com





