

Life Enrichment Monthly Activities at <u>at BARCHESTER</u> Highview House Care Home

Selected highlights from our March calendar

Highview Harriers Hiking Club Monday 4th March - 11.45am

With spring upon us, why not get out in the fresh air? Join our walking club for a stroll around the grounds or somewhere further. Weather dependent.

Virtual Live Event: Legendary London Ladies Wednesday 7th March - 2.30pm

Celebrate International Women's Day with a fascinating exploration of some of the leading ladies of London, and the legacy that they have left!

St Patrick's Weekend

Starts Friday 15th March

A weekend of Irish themed activities, including special Irish dining, stout and rugby!

French Day

Wednesday 20th March

A day of celebrating all things French, with help from our wonderful kitchen team.

Spokes For Folks

Thursday 28th March 2pm - 3.30pm

Take a rickshaw ride along the canal and stop off to feed the ducks. Wheelchair accessible!

Football Memories

Friday 29th March - 10am - 12pm

A welcome return to the Caledonian Stadium for our regular sports chat and reminiscence group.

> Our events are free of charge, but please book your place by calling 01463 711331

Highview House Care Home, Scorguie Avenue, Inverness, IV3 8SD 01463 711331 • www.barchester.com/www.barchester.com/highview/