

Hickathrift House

NEWSLETTER



General Manager Focus

Roses are red, Violets are blue, Hickathrift House is here for you!

Dear Valentines...we have had a lovely month and hope you enjoy reading about it in our monthly newsletter. Inside you'll also find our upcoming Spring plans and we hope you'll be able to join us.

I'd like to start by welcoming the new residents and staff. We're looking forward to getting to know you and I hope you have a lovely time with us.

February was full of amazing moments, including a sensational wedding dress show courtesy of Bargain Bridal Boutique, Valentine's reminiscing activities that sparked beautiful happy memories and celebrating Pancake Day with a fun game of pancake flipping and memory games.

In March we're looking forward to adding some colour to our beautiful gardens and enjoying the warmer weather by restarting our outdoor gardening activities and village walks. We can't wait for our upcoming celebrations, especially, the St David's Day (Welsh) and St Patrick's Day (Irish) themed dining experiences, pamper day on Mother's Day and our Easter activities.

I'd like to take a moment to ask residents, their friends, and relatives to take a few moments to leave Hickathrift House Care Home a review on carehome.co.uk. We are always striving for 5 stars and would love to hear about your experience. These reviews help others when looking for suitable care homes in the areas and are greatly appreciated by staff and myself.

Thank you for your ongoing support,

**Paula Colman,
General Manager.**



Dates for your Diary

**We hope you can join us
in March for...**

- 1st St David's Day Celebrations
- 3rd Marie Curie Painting Event
- 7th World Book Day Activities
- 7th Legendary London Virtual Event
- 10th Mother's Day Celebration
- 9th Community Coffee Morning
- 12th In House Church Service
- 15th Community Dementia Cafe
- 15th Red Nose Day
- 17th St Patrick's Day
- 26th Barchester Beat the Clock Virtual Event
- 27th Pilgrim Cross Visit
- 29th – 1st Easter Celebrations

Any questions please don't
hesitate to contact us.





WHAT WE'VE BEEN UP TO AT...

Hickathrift House

WEDDING DRESS SHOW

Enchanting day sparked memories for residents this Valentines.

Staff at Hickathrift House paired with the amazing owner of Bargain Bridal Boutique, Corrine, to bring magical moments this Valentine's. 8 beautiful staff members dressed in stunning wedding dresses and put on a fantastic fashion show for the residents in communal areas and rooms. Everyone just adored the dresses! They were all so unique in their own way, as were the tiaras, veils, and bouquets.



PANCAKE DAY GAMES

Honouring self-love, romantic love, and friendships.

Residents had just a wonderful time celebrating all things pancakes on Shrove Tuesday. Starting off with the amazing Church Service from the local Methodist Church. We always have an incredible time, full of hymns, singing and prayers. Our bellies were filled with delicious pancakes while we played the pancake games with a themed memory game and pancake flipping competition. Everyone was laughing and cheering each other on.

LOCAL ARTIST TALK

Gorgeous paintings from artist Gill Repper donated to residents.

Gill Repper was warmly invited to share her artwork where she kindly donated over a dozen pieces! We were thrilled to learn about each piece, what materials she used and her inspirations. Residents chose their favourite pieces which will be displayed in their rooms or chosen space. Everyone had an incredible time and a huge thank you to Gill.



POST A WISH CELEBRATIONS

We have had a wonderful month completing two beautiful wishes by residents. Firstly, Christine's wish to have a 1960s Party, dancing and singing along to her favourite bands including the fabulous Beatles! Our second wish granted was Brenda's who had lived around the area all her life but never visited Worzals and wanted to explore all they had to offer. She said it was an amazing place and can't wait to go back again!



WHAT WE'VE GOT PLANNED AT ... Hickathrift House

MOTHER'S DAY

All Mothers deserve a pamper on the 10th.

Join us for a fabulous day being pampered from foot spas to nail painting, from 10:30am. We want all the ladies to feel one in a million. We will be hosting a special Mothering Sunday Roast and if you'd like to book, please let us know beforehand and the prices and full menus will be sent to those interested. From 2:30pm we'll be joined by residents' favourite singers, KJ & the Catt for an afternoon of fun. The theme for the day is beautiful florals so join our staff in a dress up day.

RED NOSE DAY

Raising awareness for Comic Relief on the 15th.

Our monthly Dementia Café will be themed with enriching games and conversations about Red Nose Day from historic facts to jigsaws and spot the red nose photographs. In the afternoon staff and residents will be turning their noses red to raise awareness for Comic Relief before we sit down and watch the show.

ST PATRICK'S DAY

Learn more about Irish culture with us on the 17th.

In the morning we'll be reading exciting Irish poetry and taking a virtual tour around Ireland's highlights. In the afternoon from 2:45pm we'll be enjoying some incredible Irish tunes from local musician Tom. Everyone is welcome to join!

EASTER WEEKEND

Celebrate from the 29th of March to 1st of April with us.

We have an incredible weekend planned from hot cross bun refreshments to a spot the Easter egg hunt. Our Easter crafts will include wreath making and Easter bonnet designs as well as word games and quizzes. More details available on Facebook and Carehome.co.uk

OUTINGS...

If you're interested in joining us on any outing, please contact the Activities Team.

- 3rd – Methodist Church Service
- 6th – Local Nursery Visit
- 7th – Local Book Club
- 11th – Monthly Pub Trip
- 13th – Wisbech Church History Tour
- 14th - Post A Wish Knitting Trip
- 20th - Coffee Morning at Local Methodist Church
- 21st - Post A Wish Florist Trip
- 23rd - Tilney St Lawrence Coffee Morning and Tabletop Sale
- 25th - Purrr Cat Café Trip

Please note outings are subject to change depending on volunteer availability.

If you'd like to become a volunteer and join us on outings please get in contact with Kat, Head of Activities at Hickathrift House.



Join us for our events throughout March.

St David's Day

Friday 1st – All Day

Come make Welsh cakes and design themed decoupage crafts with Gratitude 43.

World Book Day

Thursday 7th – All Day

Celebrate with a book club outing, book trolley and a game of 'finish the book titles.'

Mothers Sunday

Sunday 10th – All Day

Pampering the lovely ladies with a spa morning and a floral party with KJ & the Catt from 2:30pm.

St Patricks Day

Sunday 17th – All Day

Enjoy famous Irish poetry and from 2:45pm the amazing Tom for some Irish tunes.

Pilgrim Cross Stop

Wednesday 27th – 10:30am

Join us in House Dining Room to welcome the volunteers from the Pilgrim Cross.

Easter Celebrations

Friday 29th March – Monday 1st April

Discover a range of festive activities from Easter bonnet crafts to spot the egg hunt.

Virtual Events

Thursday 7th - 2:30pm – Legendary London Ladies to celebrate International Women's Day

Tuesday 26th - 2:30pm – Barchester's Beat the Clock

Gentle Exercise Classes

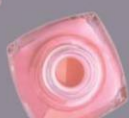
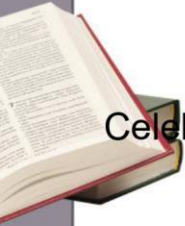
Tuesday 12th- 2:30pm – Yoga Therapy with Amanda from Wings of Eagles.

Thursday 14th- 3:00pm – Resistance Band Training from JG Fitness.

All welcome to join! Any questions contact the Activities Team.

Hickathrift House Care Home, 217 Smeeth Road, Marshland St James, PE14 8JB

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COMMUNITY NEWS AND EVENTS AT ... Hickathrift House



COMMUNITY KNIT & NATTER CLUB

Launching our bi-monthly knit and natter club!

On the 23rd of Feb we restarted our local Knit and Natter club where residents and locals enjoyed croissants and chocolate cakes while knitting and nattering away about their latest creations. It was a wonderful afternoon, and we can't wait to see you all again on the 26th of April at 2:30pm. All are welcome!

QEH KNITTED TEDDIES & ITEMS

Residents have been busy bees for patients at QEH.

A number of residents and staff have been making beautiful, knitted items for the children and babies at the Queen Elizabeth Hospital and on the 14th, we'll be dropping them off to the wonderful team to pass on. If you'd like to make anything before then please let us know and we'd happily add them to our collection.

PILGRIM CROSS VISIT

Welcoming volunteers from the Pilgrim Cross again this year.

Several trekkers are stopping off at Hickathrift House for a rest on their Pilgrim Cross journey. Residents love catching up with these students every year, reminiscing and singing hymns together. We are looking forward to them joining us on the 27th of March from 10am onwards. Please feel free to join.

CHARITY OF THE MONTH

In February residents raised awareness and support for LGBTQ+ Charity, Opening Doors, through activities and events from rainbow painting to icon history.

In March we'll be raising awareness and funds for Marie Curie with daffodil painting and craft events as well as floral aromatherapy throughout the month. We will also be selling beautiful pins in reception. Thank you all in advance.



LET'S TALK *facebook*

Don't forget to follow us at
[@BarchesterHickathriftHouse](#)

Our best story this month
had 198 likes, comments
and shares.

Wedding Dress Fashion Show

Staff at Hickathrift House paired with the amazing owner of Bargain Bridal Boutique, Corrine, to bring magical moments this Valentine's. 8 beautiful staff members dressed in stunning wedding dresses and put on a fantastic fashion show for the residents in communal areas and rooms.

Corrine said, "It's been such a pleasure being part of Hickathrift's Valentine's celebrations. The smiles and gasps from the residents when they saw the staff glowing were just incredible to be part of".

Our Facebook page is updated daily with photos of life at Hickathrift House Care Home. We appreciate all your comments, likes and shares. Thank you!



PET PHOTOGRAPHY COMPETITION

Calling all furry friends of Hickathrift House

We'd love to share your adorable pets with the residents of Hickathrift House through our annual pet photography competition! Put your photography skills to the test and share your favourite pet snaps with us to be in a chance to win a personalised pet hamper.

Please submit all photographs by National Pet Day which is the 11th of April to [HickathriftHouse.Activities@ Barchester.com](#)



CELEBRATIONS!

We'd like to welcome Kim, who has joined us this month. We hope you have a delightful stay. Happy Birthday to Thora, Chirstine, and Daisy! Everyone loved celebrating their special days and receiving personal gifts from us, including a bird feeder for their window, shortbread and a Beatles themed mindful colouring book. Congratulations to Minda, a new carer, for being Employee of the Month for January! She has settled in so well that the residents nominated her because of her positive, happy presence in the home. We'd also like to say congratulations to Kat, Head of Activities, for placing 2nd in the Champion of Care, Making A Difference Award! Please don't hesitate to contact our Activities Team who'll help arrange special moments for your loved ones, from anniversaries to birthdays.

Thank You

From all the team at Hickathrift House we'd like to say a big thank you to you all for your support and understanding.

Thank you for getting involved.

We'd really appreciate a review from you and your family about your opinions of Hickathrift House at [Google](#) or [Carehome.co.uk](#)

Hickathrift House Care Home

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 [@BarchesterHickathriftHouse](#)



BARCHESTER

Celebrating life