

The Cedars Care Home

NEWSLETTER


BARCHESTER
Celebrating life

General Manager Focus



HAPPY EASTER

From all of us here at The Cedars, we wish you all a very happy and peaceful Easter holiday.

We are looking forward to the seasonal celebrations here; with animal visits and bonnet making culminating in an Easter Day picnic with bonnet parade and egg hunt in the garden. We then have a visit lined up with some parrots: our residents are looking forward to holding and flying them.

As we move towards the warmer weather, we are looking towards sorting our grounds for spring. We will be holding a 'Job in a Hat' day for anyone that wishes to help; so watch this space for more information! We are also looking to expand our in home groups, and are welcoming new members to our coffee mornings, nurses club, carer's café and Don't Dine Alone- all of these are free to attend and help our residents maintain their connections within the community.

As always Jo and I are here if you need us, so please don't hesitate to contact us.

Becky

Rebecca Aldred

(Senior General Manager)



Dates for your Diary

Tuesday 2nd April- 2pm

The team from Pirates and Parrots visit individuals in the home; providing an opportunity to hold and fly these beautiful birds.

Wednesday 3rd April- 2pm

Alcohol ink tile decorating with local artist Janet Morris in the Rowan Dining Room

Thursday 4th April-2pm

The Barchester Live Virtual Events Team Presents a Visit to Harrogate Chocolate Factory, streamed on the big screen in the Garden Lounge

Wednesday 24th April- 2pm

Vocalist Nikki Downes performs LIVE in the Garden Lounge

Tuesday 30th April- 2:30pm

The Barchester Live Virtual Events Team Presents the second Barchester Big Quiz, streamed on the big screen in the Garden Lounge





DARWIN DELIGHTS

To celebrate World Wildlife Day this month, we invited back our favourite therapy horse to visit. Darwin came dressed in a beautiful animal themed hand-made coat and sparkly shoes to bring a smile to all our resident's faces.

It was a fabulous afternoon, as Darwin visited every resident who wanted to see him no matter where they were in the building. Animal Therapy is a proven treatment for all kinds of different conditions as animals provide comfort and an increased sense of safety: as well as being loved by everyone here!

St Patricks Day

There was mischief and trickery all around The Cedars this month as we celebrated St Patricks Day. We enjoyed playing our Irish themed Pictionary game, with a delicious Irish coffee; before Ellen showed us her Irish dancing before reciting and the poem "the wearing of the green". Thank you Ellen for sharing your culture and knowledge with us all.



What we've been up to...



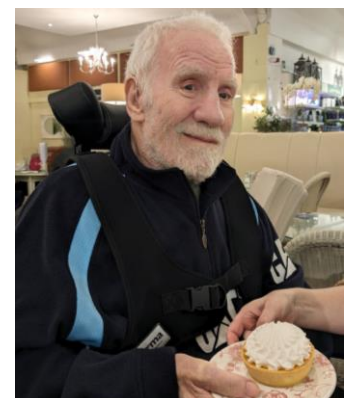
Watercolour Classes with Lisa

We had a lot of fun exploring water colour painting this month with Activity Assistant Lisa.

It's a hard medium to master but with some great books explaining how to slowly build up a picture, we all created some fantastic paintings. Barbara was so thrilled and couldn't believe what she was able to accomplish. Marjorie totally surprised herself saying, 'I'm no artist but that was really enjoyable'.

Out and About: Springfields

We had the perfect weather for a trip to Springfield shopping outlet this month. Marjorie, Edna and Colin had great fun looking at all the beautiful spring flowers and exploring the incredible garden centre; before tucking into delicious cake and tea in the cafe. Marjorie said 'its wonderful! I've never been somewhere like this before. You'd need more than a day to see it all!' Edna showed our work experience student Abi all of the beautiful trinkets and clothes, and we all had fun smelling all of the different wax melts. Colin really enjoyed his lemon meringue, saying 'thank you, it's really good!'



LET'S TALK *facebook*

Don't forgot to follow us at
[@barchestercedarsbourne](#)

Our best story this month had
37 likes:

We said a fond farewell to
Susan today. Susan has been a
valued member of the Cedars
team for 34 years.

34 years Sue. You've been the
most amazing, dedicated, giggly,
and caring human whilst caring
for our residents day in day out.

You are a true treasure who we
will miss for always.

Thank you Sue. If we cut you in
half you'd have the Cedars
tattooed on the inside, and that
says it all.

From us all Sue, we wish you a
very happy and peaceful
retirement.



NEWS FROM IN AND AROUND The Cedars

The Florists Garden

This month we had a wonderful visit from Karen, a local Florist, who gave us a tutorial to create a sweet Easter flower arrangement.

We used little cream buckets, beautiful flowers and Agra wool; (an environmentally friendly alternative to oasis blocks). The colours of the blooms in blues, purples and pale lemons along with the striking green foliage made some amazing creations. Karen explained the names of the flowers she had chosen and why, and demonstrated how to arrange them for the best effect. No one could believe they were actually allowed to keep them!



Mother's Day

We enjoyed celebrating Mother's day with all of the daughters, mothers, grandmother's and great grandmothers who live and work at the Cedars with a fresh cream tea and prosecco.

Thank You

From all the team at The Cedars Care Home we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at [carehome.co.uk](#) or on Google Reviews



The Cedars Care Home

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