

Scarborough Hall

NEWSLETTER



General Manager Focus



WELCOME TO OUR SPRING NEWSLETTER



Now the winter is almost behind us we are looking forward to the next few months at Scarborough Hall. The promise of improved weather means that we have the opportunity for more outings with our residents to enjoy the many activities in our local area. We also have plans for entertainments within the home for those who are unable to go on trips and for those days when the weather is not so good.

Music is very popular with our residents and they really enjoy talented musicians coming to our home. We are really pleased to have booked a visit by the renowned Harpist player, Jon Dalton. He is an extraordinary musician, able to play such a wide range of music beautifully. His visit will be a real treat. A week later we will welcome Devan Kellet back to Scarborough Hall. Her singing is always hugely popular with our residents and she is a natural entertainer. The lively music of the Ukulele Band gets everyone engaged and it is a real pleasure to see our residents getting a thrill out of live music.

Of course residents' families will be very welcome to attend all these performances. We look forward to seeing you!

Dates for your Diary

March

1st March: *St David's Day* - Jon Dalton

(Harpist)

5th March: *St James – In House Church Service*

7th March: *World Book Day* - Green Hedges Intergenerational Nursery Visit

10th March: *Mother's Day* - Devan Kellet (musical entertainer)

17th March: *St Patrick's Day* - The Hunmanbee's Ukulele Band

April

2nd April: *St James – In House Church Service*

8th April: *Barchy Bears Intergenerational Baby and Toddler*

23rd April: *St George's Day* - The Hunmanbee's Ukulele Band

May

2nd May: *Minibus outing - The Air Museum*

7th May: *St James – In House Church Service*

8th May: *VE Day* - Devan Kellet (musical entertainer)

20th May: *Barchy Bears Intergenerational Baby and Toddler*

25th May: *Relatives Meeting*



Pamper Parlour

Residents who reside on Laughton Suite enjoyed a pamper session in the salon. We spent time giving hand massages, painting nails and listening to relaxing music on our vintage record player.

Hand massages are very soothing and comforting for our residents. Hand on hand contact is deeply reassuring and pleasurable to many residents. It's good to moisturise dry hands and some pretty polish gives a boost to residents' mood. Here is Norma who likes this special attention and expresses her appreciation.

From time to time we have a professional barber who gives our male residents traditional wet shaves with a cut throat razor. It is surprising how much this is enjoyed and even the most restless can sit back in the chair, relax, and have the smoothest shave ever!

SPOTLIGHT ON...

Brian is a talented artist who has created some amazing art pieces over the years. During our craft club Brian enjoyed sketching this hare ornament. Drawing and painting is a good way to spend time and improves concentration as well as dexterity and hand eye co-ordination. Brian has even inspired some of our more novice residents to have a go themselves!



What we've been up to...



Sensory Relax Session

We host regular sensory relax sessions on each floor to help the residents relax and unwind. During this session we had the air diffuser releasing the beautiful and relaxing scent of lavender into the room. We had candles and the sensory lights projected onto the ceiling while we a selection on visually stimulation video's via You-Tube.

Oculus VR Headset

Scarborough Hall has an oculus VR Headset! This impressive piece of kit can take residents off to a variety of locations. Pippa loves Egypt and asked for a tour of the museum in Cairo as she had once visited and wanted to enjoy again the impressive artefacts that are there on display. Of course it is only a flavour of the real experience but can stimulate the memory and gives residents a dramatic change of scene.



LET'S TALK *Facebook*

Don't forget to follow us at
Scarborough Hall Care
Home - Barchester
Healthcare

Our best story this month
had lots of likes!

Animal House – Birds of
Prey visit Scarborough Hall
Care Home



NEWS FROM IN AND AROUND Scarborough Hall

National Penguin Day

Due to the ice on the ground we had to cancel our trip to the Sea Life Centre but instead we popped to the shop, bought some sweets and watched the virtual YouTube tour of the Sea Life Centre and a Barchester live event of the Sea Life Centre. We really hope that we'll have an opportunity later in the year to visit. There was a lot of interest from residents about this trip!



Thank You

From all the team at Scarborough Hall, we'd like to say a big thank you to you all for your support and understanding over the last few months. We'd love you to leave us a review if you haven't already

Green Hedges Nursery

Residents Suzie and Norma enjoyed our monthly intergenerational visit to Green Hedges Nursery School for Write a Card to a Friend Day, the residents loved making a card for the kids at the home and delivering to the nursery for them. The residents and children enjoyed getting together for a recital of their favourite book, a group sing-along and some crafts. We look forward to our next meet up when Green Hedges will visit us for World Book Day.



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