

# THE CEDARS

## NEWSLETTER



### *General Manager Focus*



## Hello Spring!

I am so proud of the team here at The Cedars, who have joined Enable with dedication and enthusiasm. We have already had wonderful feedback from Barchester about how successful the transition has been, and from our residents about how the team have handled the change.

Looking forward now to Spring; we are getting ready to enjoy the change of season with regular minibus trips, animal visits and gardening groups. This month we have visits planned from Michelle's Petting Party and Darwin from Comfort Horse Therapies; and we are in the process of planning for some trained Parrots to visit: our residents will be able to hold and fly these beautiful birds.

We are looking forward to opening our grounds for the Spring, and hope you will join us for many outdoor events by our beautiful river.

As always Jo and I are here if you need us, so please don't hesitate to contact us.

*Becky*

Rebecca Aldred (Senior General Manager)



## Dates for your Diary

Monday 4<sup>th</sup> March-2pm  
**Comfort Horse Therapies**  
Darwin the Therapy Horse visits residents throughout the home for World Wildlife Day

Friday 15<sup>th</sup> March  
**John Dalton Performs for Comic Relief**  
A selection of musical comedies performed on the harp from George Formby and others

Thursday 21<sup>st</sup> March  
**Collective Worship**  
Join the children from Bourne Abbey Primary Academy for Christian themed stories and crafts

Monday 25<sup>th</sup> March  
**Bourne History Group**  
Join Steve and the Bourne History team for discussions around Bourne History

Wednesday 27<sup>th</sup> March  
**Michelle's Petting Party**  
A pre-Easter animal party with Michelle and her playful friends

Sunday 31<sup>st</sup> March  
**Easter Sunday**  
Celebrations throughout the home for Easter



## GABRIELLA SINGS

Our staff and residents celebrated Valentine's Day by hosting a concert by London Guildhall trained Classical Singer Gabriella Pineda-Rodrigues before indulging in a chocolate fountain.

Gabriella sang a range of songs including Dolly Parton and Motown, 'On My Own' from Les Miserables; Nessun Dorma and songs from Mario Lanza; in English, Italian, German and Latin. The highlight of the event was 'Ave Maria', sang in German for resident Karoline Corbett, who gave her an enthusiastic round-of-applause after hearing lyrics in her native language. Audrey said: "It has been a lovely day. Gabriella was fantastic and her voice is amazing. I really enjoyed the range of songs'.

## OUT AND ABOUT

This month we took a trip out to the beautiful Stamford Garden Centre with Anne and Barbara. We loved it! We tried all the beautiful soft chairs in front of the real wood burning fires, enjoyed admiring the artworks on the wall and the lovely rocking horse and smelling all the beautiful soaps. Then we were treated to coffee and cake in their very cozy orangery. Thank you to Chris and his staff for the wonderful welcome. We will definitely be returning!



*What we've been up to...*



## CHINESE NEW YEAR

**Celebrating Chinese New Year was great fun! We made dragon puppets before discovering our Chinese zodiac signs and what they meant. We finished with a themed quiz, which was fiercely contested.**

Our two teams, namely The Dragons and The Rats were very close; but the rats managed to pip the dragons with a 11/9 win....Well done to everyone!!!

## PANCAKE DAY

**Pancake day was so much 'flipping' fun, as we tried our hand at pancake tossing in the dining room. Residents, staff and visitors all had a go; but the winner was carer Jonathan who successfully flipped 8 times in a row!**

Residents were laughing the whole afternoon; and of course we also had some delicious pancakes for pudding made by our wonderful head chef Richard Parrott.





# LET'S TALK *facebook*

Don't forget to follow us at  
**@BarchesterCedarsBourne**

Our best story this month had  
**38 likes**

## Meet the team! **Leanne Hicks- Home Administrator**

Hello, I'm Leanne- Administrator at The Cedars. I am very happy to be able to support our residents and their families with anything relating to communications, finances or administration. If you have any questions about these aspects it is probably me you need to speak to. I have worked in care for over eighteen years, many of those here at The Cedars. I have worked across many different departments over time; which gives me a unique perspective about how everything works. I like being part of a team that I have happily worked with for so long. We will ensure that our residents enjoy the premium quality lifestyle that they deserve.



## NEWS FROM IN AND AROUND Home name here

### ENABLE GOES LIVE

This month staff and residents have been making transition from paper to hand-held technology to update and further improve the care and life enrichment programs on offer here at The Cedars.

This technology is more environmentally friendly whilst improving lines of communication between the team; and allows staff quick access to residents care plans. With easily accessible information (whilst maintaining a very high level of confidentiality), staff will have everything that they need to provide expert care.

Senior General Manager, Rebecca Aldred said: "For over 30 years we have provided a caring and compassionate home for our residents; as well as the best possible environment for our staff.

Today marks a new stage as we step into the digital age and we are excited about how this system will further improve our resident's lives".



## Thank You

From all the team at The Cedars Care Home we'd like to say a big thank you to you all for all your support and understanding over the last few months. We'd love you to leave us a review if you haven't already at [carehome.co.uk](http://carehome.co.uk) or on Google Reviews

## EMPLOYEE OF THE MONTH

Congratulations to Sangeeth Sugunan, one of our care assistants, who has been voted employee of the month for his exceptional work in our home. The employee of the month is voted for by colleagues, residents and relatives. If you would like to vote, please ask for a nomination form from reception.

Well deserved, Sam!



The Cedars Care Home

Church Walk, Off South Street, Bourne PE10 9UQ

Tel: 01778 421555 • [www.barchester.com](http://www.barchester.com)

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**BARCHESTER**

*Celebrating life*