

Monthly Activities at Newlands

Join us for our events throughout September

National Read a Book Day

Wednesday 6th September – 10:30am-12pm

Join us for a quiet read in the lounge, we'll have audiobooks available too!

Emergency Services Day Friday 9th September – 1-3pm

We will be celebrating our emergency services and all the hard work they do!

Roald Dahl Day

Wednesday 13th September – 2pm

Celebrate one of the most iconic British authors with us! We'll be doing some Roald Dahl themed quizzes and watching some adaptions of his well-loved books.

Sponsored Walk

Saturday 16th September – from 10am

Our staff will be taking part in a walk to Whitehaven from the home to raise funds for our residents. Come and cheer us on!

International Day of Peace

Wednesday 23rd September – from 2pm

What does peace mean to you? Take part in our discussions about peace and our mindfulness sessions.

World's Biggest Coffee Morning Friday 29th September – from 10:30am-12pm

Come and join us for our MacMillan Coffee Morning. We'll be raising money for MacMillan, will have plenty of cakes and cuppas on tap!

Our events are free of charge, but please book your place by calling 01625 243 147

Newlands Care Centre, Newlands Park, Workington, CA14 3NE 01900 872257 • www.barchester.com/newlands-care-centre