

Hickathrift House

NEWSLETTER



General Manager Focus



Goodbye Winter, Hello Spring!

Welcome to our next newsletter. Inside you'll discover what we've been up to in March and our superb plans for April.

I'd like to start by welcoming all the new residents and staff to Hickathrift House Care Home. It's so lovely to meet you all and we're looking forward to getting to know you. I truly hope you have all enjoyed being here and are excited to join in the celebrations this month.

It's been a month full of bright colours, fresh flowers and an array of musical entertainment from 50s/60s, a local acapella group and our fun discos. We've also had plenty of themed days to keep things interesting from World Book Day, St David's Day, St Patrick's Day, Red Nose Day and of course Mother's Day. We're so pleased to have helped so many of you celebrate Mother's Day with your loved one and we ensured all ladies had a delightful well-deserved pamper.

In April we'll be continuing the fun with regular outings, celebrations, and birthdays. We're especially looking forward to celebrating Easter with our annual Easter Raffle. Raffle tickets are £1 a strip and help to create bigger and better events for all to enjoy. We'll also be hosting our second charity breakfast morning, plenty of Easter themed celebrations and our community craft club.

Thank you all for your ongoing support! I'd like to take a moment to ask you to take a few moments to leave Hickathrift House Care Home a review on carehome.co.uk. We are always striving for 5 stars and would love to hear about your experience. I'm looking forward to catching up with anyone on the 15th of April for the Open Day.

Paula Colman,
General Manager

Dates for your Diary!

We hope you'll join us this April...

- 2nd Hunstanton Soap Box Derby
- 8th Toddler Morning
- 9th Easter Sunday Party with KJ & The Catt
- 11th In house Church Service from the Methodist Church
- 11th National Pet Day
- 13th World Scrabble Day
- 15th – 16th Disney Weekend Celebrations
- 15th Community Breakfast Morning for the Alzheimer's Society
- 15th Open Day
- 18th Community Crafty Club
- 21st Residents' Meeting
- 22nd Community Toddler Morning
- 23rd St George's Day Party with Josh Lee.
- 30th Songbird & Crow Musicians

MAY

6TH – 8TH King's Coronation Celebrations

You can find more details on Carehome.co.uk



UPCOMING NEWS AND EVENTS AT Hickathrift House

EASTER CELEBRATIONS

Celebrating Easter with plenty of chocolate!

For Easter we'll of course be celebrating with Easter Eggs, chocolate tastings, hot cross bun baking, a themed dining experience and a themed garden party with residents' favourite entertainers KJ & the Catt. Additionally, we'll be visiting the local Methodist Church for their Easter service and providing the flower arrangements and have our own in-house church service for all to attend.

NATIONAL PET DAY

Help us celebrate National Pet Day with fun snaps of your furry friend, submit by the 11th of April.

We're thrilled to invite an array of friendly well-trained pets to Hickathrift House on a regular basis and for National Pet Day we are asking for photographs to create our own Hickathrift House Pet Board for residents to view every day. We'll also be visited by lovely pets throughout the day to provide companionship and spark memories.

CHARITY BREAKFAST MORNING

On Sunday the 15th of April we'll be hosting a breakfast morning for the Alzheimer's Society.

All of April we'll be raising awareness and funds for the Alzheimer's Society. This charity is one close to our hearts here at Hickathrift House and we'll be fundraising to show our support for a former staff member. We hope you'll be able to join us for the morning and feel free to dress up as Disney characters with us!

UPCOMING OUTINGS

2nd – Hunstanton Soap Box Derby

4th – Walsoken Coffee Morning

6th - Community Book Club at Marshland Hall

6th Youth Orchestra at King's Lynn Corn Exchange

9th – Local Methodist Church Easter Service

13th – Community Crafty Ladies Group at Marshland Hall

19th – Coffee, Chat at Church at the Local Methodist Church

20th – Monthly Shopping Trip

25th – Monthly Pub Outing at a local pub.

28th – Dobbie's Garden Centre.

If you'd like to volunteer for one of our trips or join your loved ones, please don't hesitate to get in contact with our Activities Team.

BINGO FUNDRAISER

Help us make bigger, better events and activities at Hickathrift House.

On the 2nd of June we'll be hosting our annual bingo fundraiser and we hope you can help us make this year even bigger! Last year we raised a ground-breaking £1918.20 and with your support we'll raise even more this year for the Residents' Fund. The Residents' Fund helps to create unique life enriching moments, bigger and better events for residents and their loved ones and incredible outings. Over the year we've spent the money on decorating Memory Lane Community with more sensory items, additional empathy dolls, a variety of entertainers, an incredible amount of outings and so many other exceptional things that support current and future residents.

You can help by selling raffle tickets to friends and family, purchase raffle tickets at reception, share our event with others, donate bingo prizes from beauty items to gift vouchers – anything is greatly appreciated and put to good use! Additionally, we'd love to see you at our Bingo event on the 2nd of June, doors open at 6pm and eyes down at 7pm at Walsoken Village Hall.



SPOTLIGHT ON...

This month we've completed 2 incredible 'Post A Wish' initiatives! The first was a wish by Barrie to watch his favourite football team play, the King's Lynn, Linnets. Our Activities Lead, Kat, also made a special arrangement to meet the players and chat with the manager! Barrie has put this down for his next Post A Wish again! Our second meaningful 'Post A Wish' was for Joan to go shopping for her baby dolls. She loved meeting the owner of Fenland Family & Baby Bank and being given a bag full of beautiful clothing for her babies. A huge thank you to Julie (carer), Kat (Activities) and Myfanwy (Kitchen) as these were only possible because of them.



What we've been up to...



MOTHERS DAY

Celebrating all mothers with a well-deserved pamper!

Residents had a relaxing time on Mothering Sunday as they were treated like Queens with hand massages, face masks, foot spas and nail painting. We also spent the time reminiscing about the important ladies in their lives from their own mothers to daughters and inspiring women in the world.

SPRING IS IN THE AIR

From bird boxes to gardening, Spring has arrived at Hickathrift.

This month we've had many lovely Spring themed activities which help orientate residents and get us excited for the warmer weather! Residents had a delightful time meeting Julia, from A Lot of Bottle Home Décor company, discussing her beautiful bird boxes over a cup of tea as well as planting daffodils in our gardening club. Residents have also enjoyed sitting outside in the sun with our fresh fruit and snacks made by the Hospitality Team for Nutrition and Hydration Week. We're looking forward to more outdoor activities, enjoying the sunshine.



LET'S TALK *facebook*

Don't forget to follow us at
@BarchesterHickathriftHouse

**Our best story this month
had 132 likes, comments &
shares.**

Community Toddler Morning

What an amazing morning we had with all these lovely little tots and mums. The residents enjoyed meeting everyone, playing together and singing nursery rhymes. It sparked beautiful memories of their own children, grandchildren, nieces, and nephews. We can't thank the lovely ladies enough for introducing the toddlers to us and can't wait to meet them again.

Our Facebook page is updated every day with photos of life at Hickathrift House Care Home and we appreciate all your comments, likes and shares.

COMMUNITY EVENTS AT HICKATHRIFT HOUSE

OPEN DAY

We're so excited to invite you to Hickathrift House on the 15th of April for our next Open Day!

We'll be throwing open the doors and welcoming people from the community to join in activities and celebrations throughout the day. You can join our Disney Big Charity Breakfast Morning, try our 360 Interactive Magic Table in our Memory Lane Community, speak to our General Manager, Paula Colman and take a tour of our lovely home, among other activities.

These free events are open to the public and are a chance for those living at Hickathrift House to get to meet their neighbours while offering anyone interested in visiting a care home, a chance to find out what life is really like there.

Thank You

From all the team at Hickathrift House we'd like to say a big thank you to you all for your support and understanding.
Thank you for getting involved.

We'd really appreciate a review from you and your family about your opinions of Hickathrift House at [Google](https://www.google.com) or [Carehome.co.uk](https://www.carehome.co.uk)

Celebrations at Hickathrift House...

We'd like to welcome Betty, Gerry and Den, who have joined us this month. We hope you'll have a fantastic stay! Happy Birthday to the lovely Gladys, who loved celebrating with family and chose to have a pamper day for her Birthday activity. Congratulations to Julie, a carer, for being voted Employee of the Month for February! She was voted by residents because of her hard work, going above and beyond and having a person-centred approach. Additional congratulations to Gerry for celebrating 10 years and Phil for celebrating 15 years at Hickathrift House with a commemorative pin, presented by General Manager, Paula and Sarah, Deputy Manager.

Please don't hesitate to contact Kat (Activities Lead) who'll help arrange special moments for your loved ones, from anniversaries to birthdays.



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