October Activities

At Stamford Bridge Beaumont

**Here are the events and activities for residents going on this month!**

**Saturday 1st October: World Card Making Day**

***Circle Lounge at 10:45am***

A day to enjoying crafting and making autumn themed cards.

**Tuesday 4th October: World Animal Day**

***Croft Lounge at 11am***

Come along and meet a special visitor to the home.

**Monday 10th October: Musical Moments**

***Lodge Lounge 11am***

Enjoy a morning of music and movement with Maggie.

**Monday 10th October: World Mental Health Day**

***Residential Conservatory 2pm***

Have a relaxing morning session with a yoga session and sound healing session.

**Thursday 13th October: Church Service**

***Circle lounge at 11am***

A morning of prays and hymns with our local church.

**Wednesday 19th October: International Gin and Tonic Day**

***Terrace lounge at 2pm***

Come along and enjoy one of the nation’s favourite tipples.

**Monday 24th October: Dark Moon**

***Terrace lounge at 2pm***

An afternoon of live entertainment with Chrissie and Andy.

**Wednesday 26th October: Halloween crafts**

***In the Croft lounge 11am***

A morning of crafting making items ready for Halloween.

 **Regular activities include:**

**Bingo, Arts & Crafts, Flower Arranging, Weekly visit from the Hairdresser.**

**Residents meeting Monday 24th at 10:45am in the Circle lounge.**