**Garden walks and tours available at 2pm please ask a member of the activities team ☺**

**For any information about our events please speak with Charlotte on 01636 594300 who be happy to help.**

**Friday 1st – 10.30am – All Communities**

**Celebrating International Joke day with a day of staff fun dress up of your choice – Bolly the Colly will also be visiting each community in our home.**

**Thursday 7th – Café 10.30am**

**Join us as we hold our monthly Coffee Morning for July with guests from RAF Syerston and also celebrating National chocolate day with a quiz and cake competition.**

**Wednesday 13th – 10.30am Café – Outdoor Gardens**

**Join us as we hold a seaside reminiscence/ at the beach day with an outdoor event in our grounds, join us for an ice-cream, don’t forget your sunhat ☺**

**Sunday 17th 2.00pm – Outdoor Grounds**

**We will be welcoming Newark & Sherwood Concert band into our grounds for an afternoon live concert of Music and great company, followed by an afternoon tea. Fernwood Community Church will also be joining us.**

**Saturday 23rd – 10.30am – Outdoor Grounds**

**Join us as we hold our Dog show in our beautiful grounds, we have several category’s and are excited to host this wonderful event again, please invite all families to join us, entries can be made by calling our reception on 01636 594300**

**Friday 29th – 10.30am – Memory Lane**

**Join us as we hold our Dementia friendly coffee morning on our Memory lane community, this is a fantastic opportunity to see life at Lancaster grange, and a demonstration of our magic 360 table will be available**

with some of your favourite songs in the sitting room, 3pm

All welcome.

**Thursday 3rd**

Reflexology and massage in the sensory lounge with Diane Allen,

with sensory stimulation and soothing music, 3pm.

Note to editor: Increase / decrease font size to fill this white space.

**Here are the some of our events and activities going on this month of July– take a look and join in the fun**

July Activities

At Lancaster Grange