**Tuesday 5th**

Virtual - 2.30pm Book Club Corner with Dr Time Howard to discuss his book – Lets Kill All the Lawyers

**Wednesday 6th**

**PAT the Dog Therapy**

From 11am we have a visit from Mary and Cocoa followed with a lovely cup of tea and a slice of cake

**Thursday 7th**

**World Chocolate Day**

This is our day to test different chocolate from all over the world, along and decide if we do have a favourite.

**Monday 11th**

**Music for Health with Richard**

From 3:15pm we are looking forward to movements while singing and dancing to history music with Richard from Music for Health on Clifford

**Tuesday 19th**

**U Sit U Exercise with Mark**

From 3.15pm we will be doing some good exercise movements, along with using some resistant bands for a little extra work and finish off with a healthy drink of a home-made smoothie.

**Thursday 21st**

**Live singer Terry**

From 2pm we will be singing and dancing along with Terry

**Thursday 28th**

**Beatrix Potter’s Birthday**

From 10.30 am we will be going through a beautiful collection of Beatrix Potter’s books and decided if we have a favourite, we will be including a lovely cup of tea and a slice of cake

July Activities

at The Dales!

**Here are the events and activities going on this month!**

**Regular activities include Quizzes, arts & crafts, flower arranging, knit and natter, Virtual Church Services, Coffee Mornings, Afternoon Tea, Virtual musical entertainment and much more!**

**Contact The Dales: 01756 611008**