**Thursday 9TH**

**VIRTUAL LIVE EVENT**

Join members of English National Ballet’s Philharmonic Orchestra, led by Music Director Gavin Sutherland, to celebrate Last Night of the Proms.

Listen and dance along as members of the orchestra take you on a magical, musical journey. This special concert for our home is sure to get your feet tapping, arms waving and hearts singing! From 2pm in the main lounge

**Saturday 11th**

**PROMS**

Get your best dress and bow tie on and join us in the main lounge from 7.30pm for Last night of the proms showing and cheese and wine

**Wednesday 15th**

**MINI BUS OUTING**

Come for a tour to Seahouses enjoy the sea air and everyone’s favourite for lunch ... Classic fish and chips.

**SUNDAY 20TH**

**GARDEN PARTY**

Join us in the garden from 2pm to be entertained by Musical Memories at their Jukebox classics show... guaranteed to get you up on your feet dancing and singing along! Enjoy summer time refreshments and a special visit from Tommy’s ices!

**Wednesday 22nd**

**MINI BUS OUTING**

We’re off to Amble fish shack as requested by you in our resident activity meeting! We will be taking a tour reminiscing along the way before enjoying the famous fish and chips for lunch.

**Friday 24th**

**MACMILLAN COFFEE MORNING**

Join us in the main foyer from 10am for cakes and bakes all in aid of Macmillan Cancer Research.

**Please see weekly activities poster for details of other activities such as; Bingo, Word games, Quizzes, Crossword Challenges, virtual exercise sessions, Virtual shows, Musical exercise sessions, Skittles, Carpet Bowls, Balloon Badminton, Parachute games, Garden games, reminiscing sessions and Individual sessions.**

**Don’t forget our in house hairdresser visits every Saturday from 10am**

**Regular activities include Bingo, Virtual exercise session, parachute games, skittles, carpet bowls, quizzes and word games, arts & crafts, Garden Activities and reminiscing sessions**

**In house hairdresser visits every Saturday**

September Activities

At Station Court

**Here are the events and activities going on this month!**