September Activities at Cookridge Court



Here are the events and activities going on this month!

Friday 3rd

National Welsh Rarebit Day – come along and enjoy a tasty Welsh Rarebit cooked by our chefs. **Tuesday 7**th

Silent Disco is back with a fun filled morning of dancing and music - Iveson Lounge from 11am -

12pm

. Thursday 9th

Colin is back to host an Archery Club, come along and join in – Court Lounge from 11am Sunday 12th

Live singers Reminisce are back to perform for everyone, Court Lounge from 2.30pm

Monday 13th

Roald Dahl Day - Calling all Book lovers, come along and join our reminisce session from 10.30am followed by a Classic Roald Dahl Movie club in the afternoon from 2.30pm

Tuesday 14th

Trevor Woodhead is back to give a live performance to everyone – Iveson Lounge from 2.30pm **Thursday 16th**

Emma James is back with a live vocal performance to everyone – Court Lounge from 11am **Thursday 16**th

World Mexican Day – come along to our tasty Mexican lunchtime cuisine cooked by our amazing Chefs from 12.30pm

Monday 20th

The classic summer evening pantomime is back, performing That's Life the musical for everyone to enjoy – Court Lounge 6pm

Tuesday 21st

Come along to the World Biggest Coffee Morning hosted in Reception area 10am-12pm

Saturday 25th

5 Cookridge Court team members are undertaking a Memory Walk in the Community to raise money for the Alzheimer's Society Charity.

Monday 27th

Brandon Cooke is back to give a live performance to everyone, come along and enjoy the party court lounge, from 11am

Monday 28th

To kick off Healthy Eating Week, come along to our Smoothie Making Session with the Chef of the Kitchen, Iveson Dining Room from 11am

Regular activities and events Jane the hairdresser will be working every Tuesday & Friday