# September Activities at Sherwood Lodge



# Here are the events and activities going on this month!

# Friday 3<sup>rd</sup> September – National Rarebit Day

Our Chef will be cooking the traditional Welsh dish of melted cheese on toasted bread using recipes provided by Christophe Noel one of our Divisional Hospitality Managers.

#### 6th September – National read a book Day

We will discuss our favourite characters, plots and themes from our most memorable books to celebrate reading and literature. You can read in peace and quiet or discuss a favourite author.

Starting at

From 10.30 in the Café bar.

## 7th September – Virtual Visit V&A Dundee – The Scottish Design Galleries

We will explore design and how it improves our lives. We will also discover little known stories of Scottish design and its international impact. Time TBC in the TV lounge.

### 9th September – Live: Last night of the Proms with the ENGLISH National Ballet

Our residents will be treated to a wonderful performance from the ballet company. This will be as show stopper of an event. Time TBC in the TV lounge

#### 21st September – Live: Wine tasting Event with BID Foods

Our residents will be introduced to a selection of wines and tasting notes. We will also provide a range of cheeses in this event presented by BID foods. Time TBC in the TV Lounge

#### 23<sup>rd</sup> September International Day of Sign Language

We will learn the basics of English Sigh Language to help us to communicate with residents who suffer with hearing problems. We will show videos and us training cards, this is a great opportunity for residents, relatives and staff to break down communication obstacles. All day event throughout the home.

# 30th September – MacMillan Coffee Morning

Friends, Relatives are invited to join us for a chat, coffee and a delicious cake made by our chef and staff. We are delighted to raise money for this marvellous charity. Starting at 10.30 and throughout the day in the Café Bar

Regular activities include Quizzes, arts & crafts, trips out, flower arranging, knit and natter and much more!

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