August Activities at Lochduhar Care Home

 **Friday 6th August**

Edinburgh International Festival.

A Scottish Shin-Dig!

“Accordions, Fiddlers Drums and a sing-a-Long.

With a cool glass of beer, for International Beer Day! Join us at 14.00 in our Gardens.

**Tuesday 10th August**

National Allotment Week. And A Live V&A Dundee- Night Fever.

Helping people to live a healthy lifestyle, join us in our Gardens, at 11.00. Watering and picking our crops. And in the afternoon watching our live event, see the difference from clubs in the 1960s and the designs and culture.14.30 First Floor.

**Wednesday 11th August**

Highland Games (Sports Day)

Come and join us for an afternoon of fun and games, in our Gardens at 14.15 With a Piper and Highland Dancers,

Toss the welly, Toss the Haggis. Followed by some wonderful Sottish Foods.

 **Tuesday 17th August**

This is a Bean Bag challenge afternoon, with fun and games.

Come and join us, we will be visiting All Floors 11.00

**Thursday 19th August**

World Photography Day with Damian Bailey.

Take a look from behind the camera and see how good your photos can be.

Watch our Live-with Damian Bailey at 14.30. First Floor.

**Thursday 26th August**

National Dog Day.

A celebration of our furry friends. Let’s talk about our dogs. Have a quiz to see how many breeds we know. And did you know that our furry friends have been around for 14000 years? All Floors.

**Saturday 21stAugust**

Lighthouse Heritage Weekend.

Watch on YouTube11.00 All Floors. Let’s talk about our local lighthouse too, at Southerness,

This was commissioned in 1748 to assist the safe passage through the Solway Firth.

**Tuesday 31st August**

Lochduhar Carnival

A day of fun and games around our home and in our gardens, with colourful decorations. All Day!

**Regular activities include Quizzes, arts & crafts, flower arranging, knit and natter, Virtual Church Services, Coffee Mornings, Afternoon Tea, Virtual musical entertainment and much more!**

**Contact Lochduhar Activities on 01387 256 524**

**Here are the events and activities going on this month!**