August Activities

at Chester Court

**Here are the events and activities going on this month!**

**For more information on set regular activities please see the weekly planner. This will include activities such as quizzes, arts & crafts, sports games, bingo, word games & puzzles, jigsaws, flower arranging, Afternoon Tea, Virtual musical entertainment and much more!**

**Tuesday 3rd – Chinese themed day**

Creating Chinese lanterns, Chinese fans and paper fortune cookies in the dining room, 11am and 2pm. Chinese food including chicken curry, sweet and sour chicken, tofu and mixed vegetables, chips, spring rolls and prawn crackers in the dining room, 12:30pm.

**Wednesday 4th -**

Arts and crafts- Creating Olympic decorations including, the Olympic rings, Olympic torch and weights.

**Saturday 7th and Sunday 8th – Mini Olympics**

Enter Chester Courts mini Olympics including, balloon volleyball, beanbag high jump, beanbag long jump, modified weightlifting and synchronized swimming.

**Thursday 12th – International Youth Day**

Virtual English National Ballet workshop in the lounge with young ENB dancers who have created a show based around residents childhood memories and a chance to participate in a chair based dance class in the lounge, 11am.

**Friday 13th - Bristol International Balloon Fiesta**

Creating and painting papier Mache hot air balloons and watching the mass balloon ascent virtually.

**Monday 16th – Celebrating World Lizard Day**

Animal therapy with Reggie the bearded dragon, learning interesting facts about bearded dragons

**Thursday 19th – World Photography Day**

Live virtual event from Damian Baily a professional photographer who will be guiding us through the History of the photo and top tips as well as launching a new Facebook competition

**Tuesday 10th – V&A Dundee**

Virtual talk from V&A Dundee exploring the relationship between club culture and design from the 1960s to today in the lounge, 2:30pm.

**Tuesday 24th – Sea Life Trust**

We go back to Iceland virtually to meet Audrey again at the Beluga Whale Sanctuary to learn about the whales and how the team provide formerly captive beluga whales with a safe and more natural home in the lounge, 2:30pm

**Monday 30th – Entertainment**

Live vocal entertainer Kev Royal in the garden, 2pm.