



WESTWOOD HOUSE

BARCHESTER HEALTHCARE



Celebrating Life

www.barchester.com



A warm welcome

It is our pleasure to welcome you to Westwood House, a beautiful Barchester care home situated in Upper Sydenham on Westwood Hill.

Westwood House offers a warm and welcoming environment with a stunning interior, all designed with residents' comfort in mind. Our home features landscaped gardens with outdoor seating areas perfect for residents to relax with family and friends.

Our team of qualified and passionate staff focus on the individual needs of each person – delivering support and bespoke residential, nursing, dementia and respite care through the use of personalised care plans.

We are proud to provide a delicious selection of seasonal meals and a variety of activities and events, and most importantly reassurance and support for residents and their families.

At Westwood House, providing independence and choice for all is very important to us – that's why we encourage residents to be as active and social as they'd like to be and to personalise their room with their own belongings to help them feel at home.

Residential care • Nursing care • Dementia care
Respite breaks • En-suite bedrooms • Physiotherapy
Bedrooms with flat screen TVs • Wi-fi
Choice of lounges • Landscaped gardens

Care tailored to you

Personalised care plans ensure each person in our care has the support they require from a team of experienced and passionate care staff.

At Westwood House residents are treated with dignity and respect. Our approach to care is based on the use of tailored care plans. These are drawn up with the individuals and their families to identify all care needs.

Each individualised care plan ensures the highest standard of care, dignity and respect for each person.

Residential care

The residential care we provide supports older people who might need help with the tasks of daily living, including washing and dressing, but who don't require nursing or specialist care.

Nursing care

Our skilled and professional nurses identify your nursing and care needs. A nurse is on duty 24 hours a day to deliver care, and to ensure the quality of care being delivered.

Dementia care

Westwood House provides dedicated care to those living with various stages of dementia. This part of our home provides a comfortable, safe environment, uniquely built to promote independence and build self-esteem.

Our staff receive bespoke dementia training delivered by Barchester's team of dementia care specialists, to reduce distress, increase well-being and improve quality of life for people living with dementia.

Respite care and short breaks

A short break or respite care is ideal for those looking for a bit of extra care, either following a hospital stay, illness or if their usual care is not available. It also gives you the opportunity to see what life is like in our home and if it's the right place for you.

Personalised care plans for each resident
Dedicated dementia community
Call bell system • Resident and relatives' meetings



Delicious food and life-enriching activities

We place great importance on ensuring variety and choice – from a wide range of life-enriching events, entertainment and activities to delicious seasonal menus.

Residents have a choice of nutritionally balanced meals three times a day, which along with our snack and night bite menus, offer residents a wide choice at a time that suits them. A selection of freshly prepared cakes and biscuits to complement our teas and coffees are always available.

Our team of experienced chefs ensure every meal is made from the freshest ingredients, and is not only delicious but also reflects personal likes, dislikes and dietary needs through seasonal menus.

We offer an array of stimulating activities every day that are tailored to the interests and abilities of the people we support. Each activity is designed to enhance life skills and give a feeling of purpose and self-worth, encouraging residents to choose whether to continue with existing hobbies or try something new.

Our life-enrichment programme promotes positive well-being and offers regular events, entertainment and excursions out of the home.

Delicious and nutritious seasonal meals • Night bite menu
Tailored activities programme • Hair salon • Sensory garden
Outings to places of interest • Quiet lounge • Vegetable plot



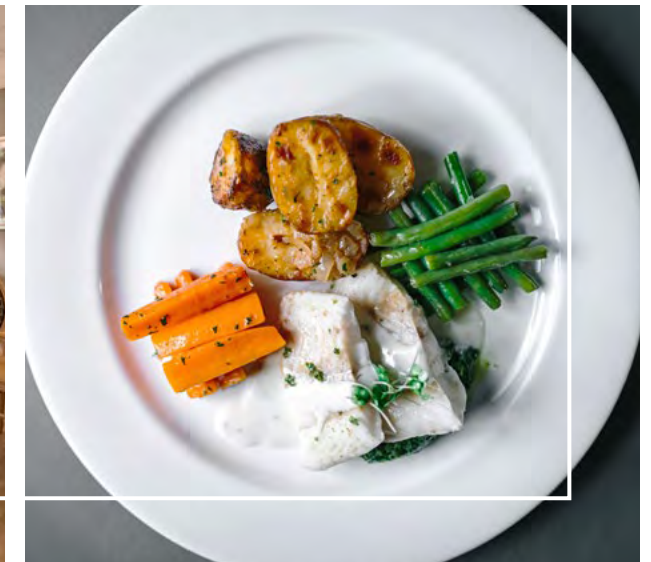
Paying for life in a Barchester care home

At Barchester, we take great pride in ensuring our residents 'celebrate life'.

We offer care aligned to individual needs, a life-enrichment programme that supports the mental, physical, and spiritual well-being of every resident, and we continually invest in the environments to ensure that our homes are well-appointed and loved.

For details of our costs and payment terms, please visit: www.barchester.com/WestwoodFees.

Our full terms and conditions can be found on our website: www.barchester.com/contract.





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9 Westwood Hill, Sydenham, SE26 6BQ

020 8776 7065

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