



# THE CEDARS

BARCHESTER HEALTHCARE



## Celebrating Life

[www.barchester.com](http://www.barchester.com)



## A warm welcome

It is our pleasure to welcome you to The Cedars,  
a Barchester care home situated in Bourne.

The Cedars is a warm and homely environment, designed with the residents' comfort in mind. Set in the heart of a market town, The Cedars is located on the grounds of the old vicarage, surrounded by beautifully landscaped gardens with views of The Bourne Abbey Church.

Our team of qualified and passionate staff focus on the individual needs of each person – delivering support and bespoke residential, dementia and respite care through the use of personalised care plans.

We are proud to provide a delicious selection of seasonal meals and a variety of activities and events.

At The Cedars providing independence and choice for all is very important to us – that's why we encourage residents to be as active and social as they'd like to be and to personalise their room with their own belongings to help them feel at home.

**Residential care • Dementia care • Respite breaks**  
**En-suite bedrooms • Wi-fi • Conservatory**  
**Choice of lounges • Landscaped gardens**



# Care tailored to you

Personalised care plans ensure each person in our care has the support they require from a team of experienced and passionate care staff.

At The Cedars we ensure residents are treated with dignity and respect. Our approach to care is based on the use of tailored care plans. These are drawn up with the individuals and their families to identify social, personal and healthcare needs. Each individualised care plan ensures our care is person centred.

## Residential care

The residential care we provide supports older people who might need help with the tasks of daily living, including washing and dressing, but who don't require nursing or specialist care.

## Dementia care

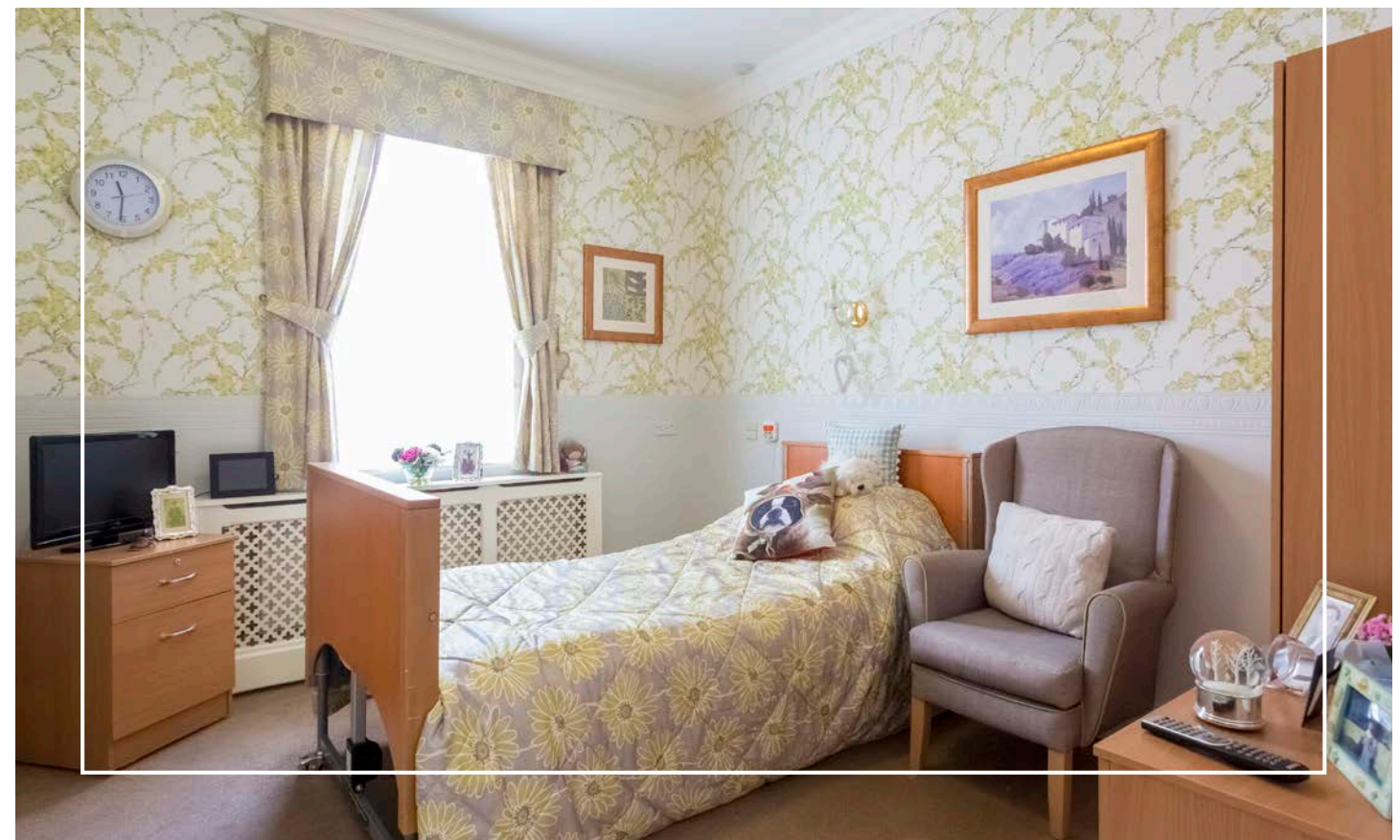
The Cedars provides dedicated care to those living with various stages of dementia in a comfortable, safe environment, uniquely built to promote independence and build self-esteem.

Our staff receive bespoke dementia training delivered by Barchester's team of dementia care specialists, to reduce distress, increase well-being and improve quality of life for people living with dementia.

## Respite care and short breaks

A short break or respite care is ideal for those looking for a bit of extra care, either following a hospital stay, illness or if their usual care is not available. It also gives you the opportunity to see what life is like in our home and if it's the right place for you.

**Personalised care plans for each resident**  
**Dedicated dementia community • Call bell system**  
**Regular residents' and relatives' meetings**





# Delicious food and life-enriching activities

We place great importance on ensuring variety and choice – from a wide range of life-enriching events, entertainment and activities to delicious seasonal menus.

Residents have a choice of nutritionally balanced hot and cold meals three times a day; our dining room is perfect for social mealtimes including visits from loved ones.

Our team of experienced chefs ensure every meal is made from the freshest ingredients, and is not only delicious but reflects personal likes, dislikes and dietary needs through seasonal menus.

We offer an array of stimulating activities every day that are tailored to the interests and abilities of the people we support. Each activity is designed to enhance life skills and give a feeling of purpose and self-worth, encouraging residents to choose whether to continue with existing hobbies or try something new.

Our life-enrichment programme promotes positive well-being and offers regular events, entertainment and excursions out of the home.

**Delicious and nutritious seasonal meals**

**Tailored activities programme • Hair salon • Library**

**Outings to places of interest • Sensory garden**



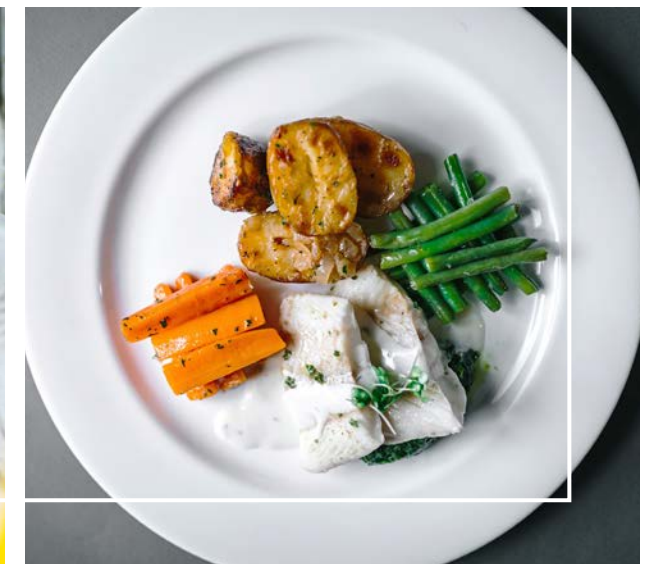
## Paying for life in a Barchester care home

At Barchester, we take great pride in ensuring our residents 'celebrate life'.

We offer care aligned to individual needs, a life-enrichment programme that supports the mental, physical, and spiritual well-being of every resident, and we continually invest in the environments to ensure that our homes are well-appointed and loved.

For details of our costs and payment terms, please visit: [www.barchester.com/CedarsBourneFees](http://www.barchester.com/CedarsBourneFees).

Our full terms and conditions can be found on our website: [www.barchester.com/contract](http://www.barchester.com/contract).





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**The Cedars Care Home**

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