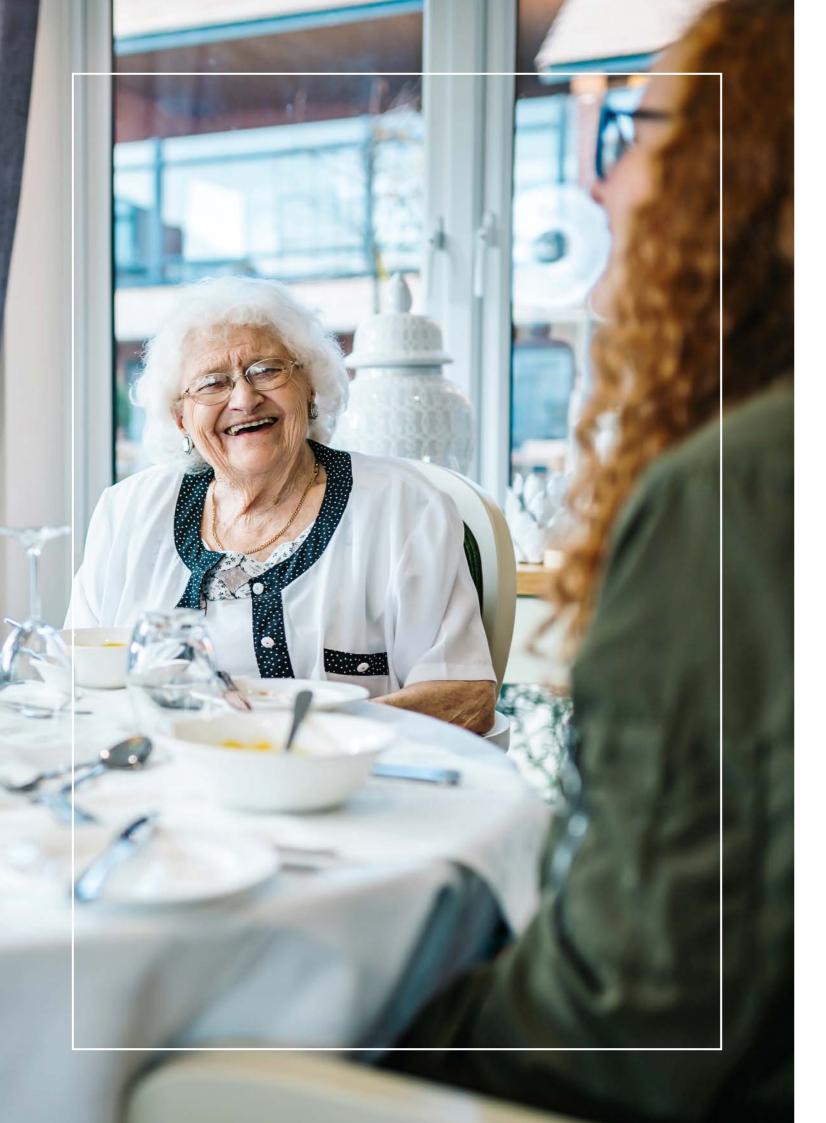


BARCHESTER HEALTHCARE



## Celebrating Life



### A warm welcome

It is our pleasure to welcome you to Hampton Grove, a Barchester care home situated in Peterborough's Hampton Vale.

Located in the beautifully landscaped grounds of Hampton Vale, Hampton Grove is a warm and homely environment designed with the residents' comfort in mind, with a choice of lounges offering numerous areas for relaxing and socialising.

Our team of qualified and passionate staff focus on the individual needs of each person – delivering support and bespoke residential, dementia and respite care through the use of personalised care plans.

We are proud to provide a delicious selection of seasonal meals and a variety of activities and events.

At Hampton Grove providing independence and choice for all is very important to us – that's why we encourage residents to be as active and social as they'd like to be and to personalise their room with their own belongings to help them feel at home.

Residential care • Dementia care • Respite breaks

En-suite bedrooms • Landscaped gardens

Choice of lounges • Wi-fi

## Care tailored to you

Personalised care plans ensure each person in our care has the support they require from a team of experienced and passionate care staff.

At Hampton Grove we ensure residents are treated with dignity and respect.

Our approach to care is based on the use of tailored care plans. These are drawn up with the individuals and their families to identify social, personal and healthcare needs. Each individualised care plan ensures our care is person centred.

#### **Residential care**

The residential care we provide supports older people who might need help with the tasks of daily living, including washing and dressing, but who don't require nursing or specialist care.

#### Dementia care

Hampton Grove provides dedicated care to those living with various stages of dementia in a comfortable, safe environment, uniquely built to promote independence and build self-esteem.

Our staff receive bespoke dementia training delivered by Barchester's team of dementia care specialists, to reduce distress, increase well-being and improve quality of life for people living with dementia.

#### Respite care and short breaks

A short break or respite care is ideal for those looking for a bit of extra care, either following a hospital stay, illness or if their usual care is not available. It also gives you the opportunity to see what life is like in our home and if it's the right place for you.

Personalised care plans for each resident

Dedicated dementia community • Call bell system

Regular residents' and relatives' meetings









# Delicious food and life-enriching activities

We place great importance on ensuring variety and choice – from a wide range of life-enriching events, entertainment and activities to delicious seasonal menus.

Residents have a choice of nutritionally balanced hot and cold meals three times a day; our dining room is perfect for social mealtimes including visits from loved ones.

Our team of experienced chefs ensure every meal is made from the freshest ingredients, and is not only delicious but reflects personal likes, dislikes and dietary needs through seasonal menus.

We offer an array of stimulating activities every day that are tailored to the interests and abilities of the people we support. Each activity is designed to enhance life skills and give a feeling of purpose and self-worth, encouraging residents to choose whether to continue with existing hobbies or try something new.

Our life-enrichment programme promotes positive well-being and offers regular events, entertainment and excursions out of the home.

Delicious and nutritious seasonal meals

Tailored activities programme • Hair salon

Outings to places of interest • Vegetable plot





## Paying for life in a Barchester care home

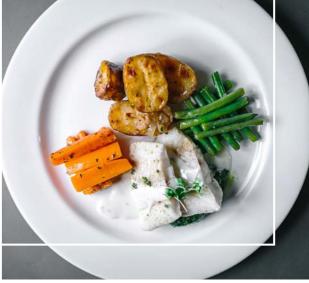
At Barchester, we take great pride in ensuring our residents 'celebrate life'.

We offer care aligned to individual needs, a life-enrichment programme that supports the mental, physical, and spiritual well-being of every resident, and we continually invest in the environments to ensure that our homes are well-appointed and loved.

For details of our costs and payment terms, please visit: www.barchester.com/HamptonFees.

Our full terms and conditions can be found on our website: www.barchester.com/contract.







BARCHESTER HEALTHCARE

**Hampton Grove Care Home** 

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