



FOUR HILLS

BARCHESTER HEALTHCARE



Celebrating Life

www.barchester.com



A warm welcome

It is our pleasure to welcome you to Four Hills,
a Barchester care home situated in Ruchill, Glasgow.

Four Hills offers a warm and welcoming environment and is designed with the residents' comfort in mind. Our home is located close to the city centre and Ruchill Park and is conveniently a short drive from the bonny banks on Loch Lomond.

Our team of qualified and passionate staff focus on the individual needs of each person – delivering support and bespoke nursing care through the use of personalised care plans.

We are proud to provide a delicious selection of seasonal meals and a variety of activities and events, and most importantly reassurance and support for residents and their families.

At Four Hills, providing independence and choice for all is very important to us – that's why we encourage residents to be as active and social as they'd like to be and to personalise their room with their own belongings to help them feel at home.

Nursing care • En-suite bedrooms • Wi-fi
Choice of lounges • Conservatory • Landscaped gardens

Care tailored to you

Personalised care plans ensure each person in our care has the support they require from a team of experienced and passionate care staff.

At Four Hills residents are treated with dignity and respect. Our approach to care is based on the use of tailored care plans. These are drawn up with the individuals and their families to identify all care needs.

Each individualised care plan ensures the highest standard of care, dignity and respect for each person.

Nursing care

Our skilled and professional nurses identify your nursing and care needs. A nurse is on duty 24 hours a day to deliver care, and to ensure the quality of care being delivered.

Personalised care plans for each resident
Call bell system • Resident and relatives' meetings



Delicious food and life-enriching activities

We place great importance on ensuring variety and choice – from a wide range of life-enriching events, entertainment and activities to delicious seasonal menus.

Residents have a choice of nutritionally balanced meals three times a day, which along with our snack menu, offers residents a wide choice at a time that suits them. A selection of freshly prepared cakes and biscuits to complement our teas and coffees are always available.

Our team of experienced chefs ensure every meal is made from the freshest ingredients, and is not only delicious but also reflects personal likes, dislikes and dietary needs through seasonal menus. We offer an array of stimulating activities

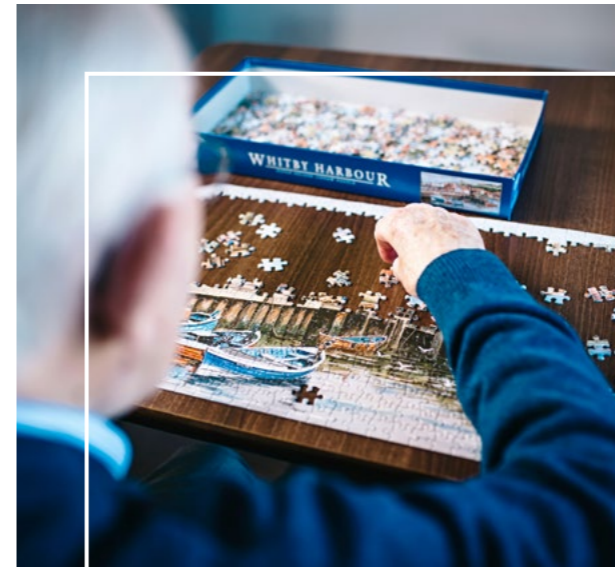
every day that are tailored to the interests and abilities of the people we support. Each activity is designed to enhance life skills and give a feeling of purpose and self-worth, encouraging residents to choose whether to continue with existing hobbies or try something new.

Our life-enrichment programme promotes positive well-being and offers regular events, entertainment and excursions out of the home.

Delicious and nutritious seasonal meals • Quiet lounge

Tailored activities programme • Private dining

Outings to places of interest • Hairdressing salon



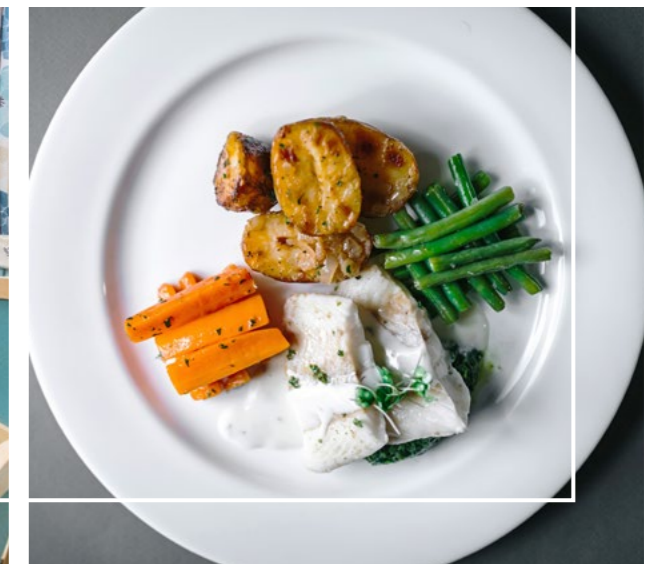
Paying for life in a Barchester care home

At Barchester, we take great pride in ensuring our residents 'celebrate life'.

We offer care aligned to individual needs, a life-enrichment programme that supports the mental, physical, and spiritual well-being of every resident, and we continually invest in the environments to ensure that our homes are well-appointed and loved.

For details of our costs and payment terms, please visit: www.barchester.com/FourHillsFees.

Our full terms and conditions can be found on our website: www.barchester.com/contract.





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