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Hello and Welcome!

Summer is here (so Bea tells me), we can look forward to long days, light evenings and alfresco dining.

In this edition you will find information on our forthcoming care homes open day as well as our plans to raise funds for the Barchester Foundation and the Huntington's Disease Association.

As I write this we are awaiting the results of our latest CQC inspection following our unannounced inspection in May. The results will be displayed alongside a copy of the report at our main reception as soon as they are available. You can also find them on line on the CQC website.

It's not just CQC whose opinion matters. Yours are equally (dare I say more valuable), please rate us on carehome.co.uk Your feedback is as helpful to those looking for a home as it is for us trying to improve what we do.

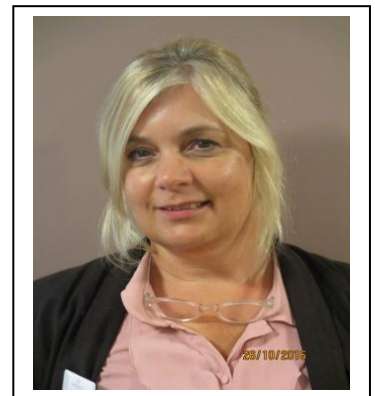
We continue to make the changes we hope will make a positive difference in our environment, our systems and our people.

We're looking forward to some busy, sun filled days ahead.

I hope you have a lovely summer and I hope to see some of you at our events or lapping up the sun in our gardens.

General Manager

Careen Harris



News in and around *Kernow House*

New water feature



Geoff Allen lived at Kernow House from April 2015 to April 2016, when he sadly passed away. Geoff's family wanted to show us how much they appreciated the care Geoff had received during his time with us and they did this by presenting us with several knitted blankets and a voucher for a water feature. We now have the water feature in the quadrangle garden on Petherwin. Thank you!

Easter cake winner

We took part in Barchester's Easter Cake competition and entered both the residents and chefs categories.

At pop-up café we made Simnel cakes as they are the traditional cake to eat at Easter. We decorated the residents' cake with marzipan, as tradition dictates, but our marzipan balls looked a little more like eggs, so we decided to add some of our Easter Chicks. We had previously made these of cotton wool dyed with food colouring, egg shells left over from breakfast and some feathers, eyes and cardboard.

We won the national competition and now have £500 worth of vouchers to spend at Bidfood on catering equipment. Hurrah!



Dementia Awareness Week



We supported Dementia Awareness Week in May. Alzheimer's Society ran a campaign this year with the message being, that anyone can get dementia no matter who you are, so we dressed up in lots of colours to symbolize that we are indeed all different. We then held hands to show we are united against dementia. On Friday 19th May we had a great fundraising day with a raffle, coffee morning and a cake pick'n'mix sale. We raised £131 for Alzheimer's Society. Thank you to everyone who supported this event! ☺

News in and around *Kernow House*

Events coming up

We will continue with our regular weekly events throughout the summer. These include Flexercise, pop-up cafes and visits to the hairdresser, sensory sessions, hymn singing and bingo. Ann Stott will be with us twice a month to share musical memories with us, and we also have other events to look forward to.

- Fundraising Week starts 12.06.-17
- Care Home Open Day is on 16.06 for specially invited professionals
- Wimbledon Finals can be watched on the 15.&16.06 with Pimms and strawberries
- ManofMusic will entertain on the 28.06.
- Peter, the entertainer, will be on Petherwin on the 18.07.
- 25.07 we will be visited by a little pony who will go around the entire home for pony cuddles
- Brian Burley will show us footage from musicals on screen while singing well known songs from the shows on the 29.08

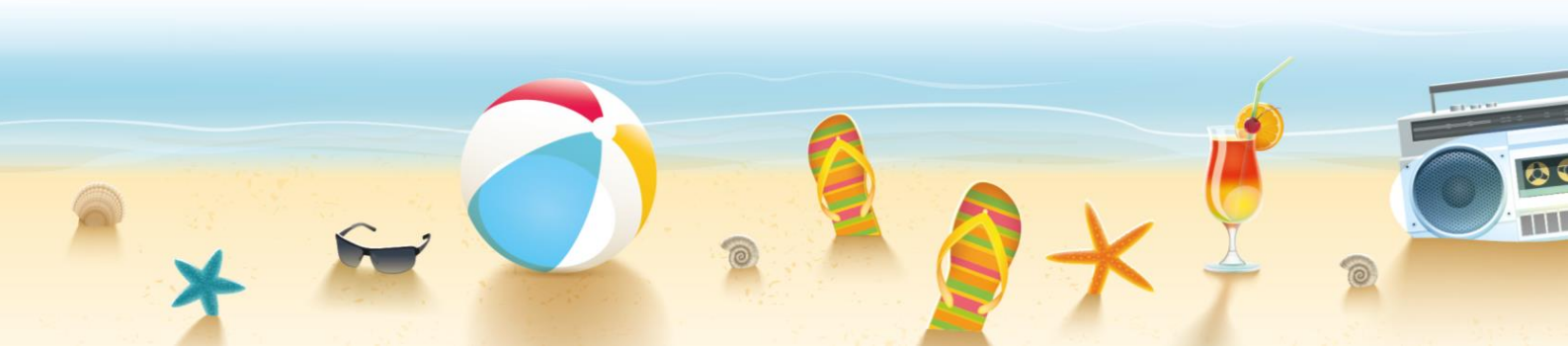
Please check notice boards for more information.

Fundraising week



Our fundraising week starts on June 12th and finishes on the 16th. We will be raising money for Barchester's Charitable Foundation and Huntington's Association.

We have lots of crafts and handiworks to sell as those pictured here. We will have books, DVDs, plants, bric a brac and a raffle, of course. There will also be a silent auction with a week's self-catering holiday in Carbis Bay very generously donated by Jeremy Preedy.



News in and around *Kernow House*

Welcome to our new babies

We would like to welcome the babies born to staff at Kernow House in the last three months. It is always very exciting for all of us to hear the good news of a baby's safe arrival. We wish you and your families well and hope you do not have too many sleepless nights!

Congratulations to Irene Label, who had a baby boy on March 26th. He is called Jarred.

Nicoleta Bulbuoca also had a little boy. He was born on May 8th and his name is Alexandre.

Lauren Farrer waited a long time for the arrival of her daughter, Edie Rose, who was finally born on May 20th and the latest baby to arrive was born to Frantisek Benko. It was a baby girl born on May 23th and she is called Amelia.

Hope you all enjoy lots of baby cuddles and cherish every one. ☺
Congratulations!

Garden news from Paula

Paul is one of our maintenance men, and he cuts the grass and does the weeding in the car parks. You have probably often seen him. Paula, however is rarely seen. She is our gardener and looks after our flowers beds and hanging baskets. Paula has been with us for 16 years and has developed our gardens into colourful multi use spaces for everyone to enjoy. She is currently planning on planting an area for bees and butterflies, as she has a keen interest in conservation and nature and would like to share this interest with all of us.

In the greenhouse, which is situated out of view, Paula grows all the bedding plants which will shortly go out for the hanging baskets and troughs.

This year we will see cosmos, petunias, geraniums, snap dragons and other cottages garden plants.

If anyone has any particular requests, Paula is always approachable and open to suggestions. She really understands how important gardens are to many of us!



A few words from *Barchester*

Find us on Facebook



Barchester has officially joined Facebook and our brand new page can be seen here:
www.facebook.com/BarchesterHealthcare

'Like' and 'Follow' us to keep up-to-date with Barchester news and see photos and stories from Barchester homes and hospitals across the UK.

Care Awards 2017

Thank you to everyone who took the time to nominate a member of staff for Barchester's Care Awards 2017.

This year there were 1,300 nominations in total, all of which were for truly deserving teams and individuals, so the judges had a tough job on their hands.

The Divisional Winners are announced in June and the National Finals will be held in October. Best of luck, everyone!

Proud to be a 'Top 20' provider

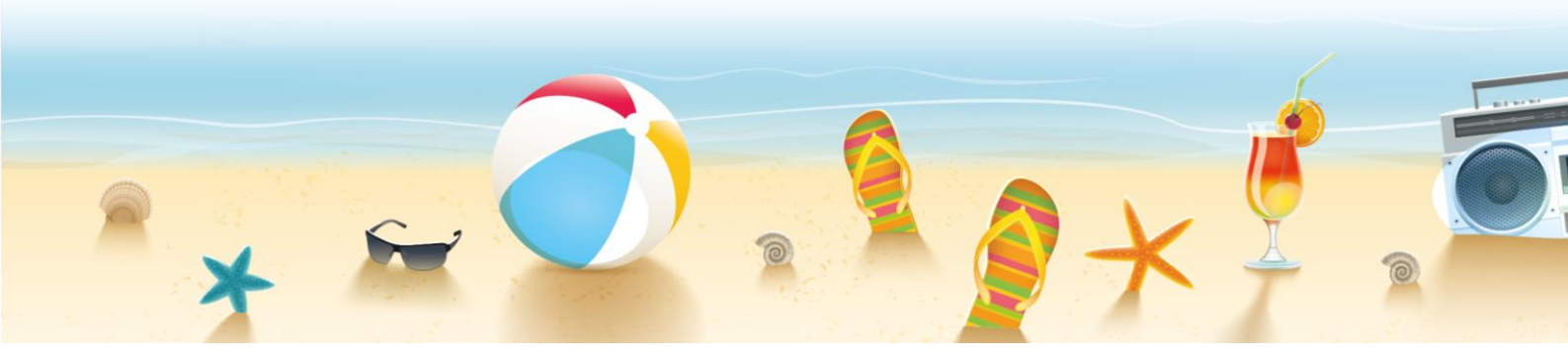


Barchester Healthcare has been named one of the top 20 large care groups in the carehome.co.uk Care Home Group Awards 2017.

The awards highlight the most recommended care home groups in the UK based on reviews received from residents, their family and friends by carehome.co.uk as of 31st March 2017.

Carehome.co.uk is an online care home directory which collects reviews of care homes across the UK and rates them in order to assist people looking for good quality care services in their search for the ideal care home.

If you would like to review a Barchester home for the benefit of others looking into care options, you can do so by visiting www.carehome.co.uk or ask the home's reception team for a review card.



Barchester's Charitable Foundation

Thank you for your support

Thank you so much to everyone who has fundraised for the Foundation or made a donation.

It is thanks to you that we can continue to provide one-off grants to help older people and other adults living with a disability.

Without your help we would not have been able to buy a new electric hoist for accessible sailing group Peterborough Sailability or help fund a wheelchair trike for a man in Banbury who is now able to pick his daughter up from school.

Grants like these and many more are given every month.

And don't forget that everything raised by Barchester staff is matched pound for pound by Barchester!

Care home Chef raises £8,000 for charity

We are delighted to announce that Chacombe Park Care Home's Head Chef Mark Roberts completed the London Marathon in 4 hours 10 minutes and 33 seconds!

It was his first ever marathon and he ran to raise money for Barchester's Charitable Foundation. Mark worked so hard, not only to train for the longest run he had ever faced but also to meet (and surpass) his ambitious fundraising target.

When it came to race day, Mark was clearly well-prepared and kept up a great pace throughout. He said afterwards that his legs gave way at mile 22 but you wouldn't know it from his fantastic finishing time!



Father of two says new trike is a life-changer

The Foundation recently gave a grant to Richard from Banbury so that he could purchase a trike extension for his wheelchair.

Richard said: "I'd said the trike would change my life, and it has in so many ways... I can now be on the playground chatting with the other parents at 3pm to pick up our daughter from the village school. The pupils especially like to ask about my trike. Instead of holding everyone back on days out, I can be like no other Daddy and give rides around our village or the grounds at Blenheim Palace to our three-year-old son."

